

# NUTRIKIDS

Bethlehem Central School District  
February 2012  
Elementary Schools

Monday	Tuesday	Wednesday	Thursday	Friday
		1  Chicken Nuggets WW Fish Nuggets Mac & Cheese BCSD Seasoned Carrots MILK - Variety PB &J on WW Ham & Amer. Cheese V*Vegi Pita Pizza	2  Dos Tacos with Beef Fish Tacos Lettuce & Tomato Cheese-SourCrm-Sals Seasoned Black Beans Spanish Rice Asst Fresh Fruit MILK - Variety PB &J on WW Bologna Sandwich V*Bean-Chs Burrito	3  Thick Crust Round Cheese Blend Pepperoni Slices Tossed Salad Asst Fresh Fruit MILK - Variety PB &J on WW Tuna Sandwich Filet-O-BC Fishwich
6  Beef Burger WW Bun Bacon and Cheese Lettuce & Tomato Sweet Potato Wedges Asst Fresh Fruit MILK - Variety PB &J on WW Turkey Sandwich V*Vegi Burger	7  Spaghetti & Meat Sc. Bosco Cheese Sticks Tossed Salad Asst Fresh Fruit MILK - Variety PB &J on WW Salami Sandwch WW V*Vegetable Pasta	8  Popcorn Chicken Sweet & Sour Sauce Fried Rice Stir Fry Broccoli Fourtune Cookie MILK - Variety PB &J on WW Bologna Sandwich V*Hummus Plate	9  Beef & Cheese Quesa Lettuce & Tomato Cheese-SourCrm-Sals Seasoned Black Beans Mexican Rice Asst Fresh Fruit MILK - Variety PB &J on WW Ham & Amer. Cheese V*Bean-Chs Quesadill	10  French Bread Pizza Cheese Blend Buffalo Chix Style Macaroni Salad Asst Fresh Fruit MILK - Variety PB &J on WW Tuna Sandwich Filet-O-BC Fishwich
13  Grilled Beef Hot Dog Sausage & Peppers Cheese Dog Sauce Seasoned Corn Potato Puffs Asst Fresh Fruit MILK - Variety PB &J on WW Turkey Sandwich V*Hot Pocket Ital	14  Grilled Cheese on WW Goldfish Cheddar Tomato Soup Carrots & Dip Asst Fresh Fruit MILK - Variety PB &J on WW Gril Ham & Cheese	15  Chicken Patty Sand Buffalo FishSandwich Lettuce & Tomato Steak Fries Parmesan Vegetable Medly Asst Fresh Fruit MILK - Variety PB &J on WW Bologna Sandwich V*Broccoli Pita Pizza	16  Breakfast For Lunch French Toast Stks Fresh Apple Sauce Sausage Patty Asst Fresh Fruit MILK - Variety PB &J on WW Salami Sandwch WW	17  Thick Crust Round Cheese Blend Sausage Topping Tossed Salad Asst Fresh Fruit MILK - Variety PB &J on WW Tuna Sandwich Filet-O-BC Fishwich
20  President's Day	21  February Recess	22  February Recess	23  February Recess	24  February Recess
27  Beef Burger WW Bun Bacon and Cheese Lettuce & Tomato Sweet Potato Wedges Asst Fresh Fruit MILK - Variety PB &J on WW Turkey Sandwich V*Vegi Burger	28  Taco Salad w/Beef Fish Tacos Lettuce & Tomato Cheese-SourCrm-Sals Seasoned Black Beans Spanish Rice Asst Fresh Fruit MILK - Variety PB &J on WW Bologna Sandwich V*Bean-Chs Burrito	29  Chicken Nuggets WW Fish Nuggets Mac & Cheese BCSD Steamed Broccoli Asst Fresh Fruit MILK - Variety PB &J on WW Ham & Amer. Cheese V*Vegi Pita Pizza		

Full Lunch Price is \$3.00 and Reduced is \$.25  
Breakfast is also available daily for \$2.25 and Reduced \$.25

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**