

# Bethlehem Central High School

## October 2017

FARM TO YOU FEST  
OCTOBER 2nd - 6th  
Local Foods Offered All Week



### ---BC BLEND---

COFFEE DRINKS, SMOOTHIES, HOT & COLD BREAKFAST ITEMS  
OPEN 7am - 1pm Daily



Monday	Tuesday	Wednesday	Thursday	Friday
2 Buffalo Chicken Wrap w/Chips Pasta Primavera w/veggies Cheesy Garlic Breadsticks & Pizza Choice Daily Soup: Chef's Choice Daily Sub: Italian Mix	3 Nachos with Cheese (choice of protein & toppings) Cheese Calzone or Pizza Daily Soup: Broccoli & Cheese Daily Sub: BLT	4 Teriyaki Chicken & Rice Bowl with Stir Fry Veggies & Fortune Cookie Personal Pizza Daily Soup: Pasta Fagioli Daily Sub: Turkey	5 Make your Own Sub or Wrap Day w/chips & pickle Spaghetti & Homemade Meatballs Daily Soup: French Onion Daily Sub: Bologna	6 Grilled Cheese, Chicken or Fish Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs
9 COLUMBUS DAY NO SCHOOL	10 Pulled Pork or BBQ Pulled Chicken on a Roll with Coleslaw Cheese Calzone or Pizza Daily Soup: Potato & Bacon Daily Sub: BLT	11 BC Mashed Potato Bowl with chicken, corn, gravy, cheese Personal Pizza Daily Soup: Chicken Noodle Daily Sub: Ham & Cheese	12 Macaroni & Cheese Bowl w/Toppings Bar & Broccoli Sausage & Peppers on Hard Roll Daily Soup: Italian Wedding Daily Sub: Bologna	13 Grilled Cheese, Chicken or Fish Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs
16 Cheeseburger or Veggie Burger w/Fries Chicken Pesto Pasta w/veggies Cheesy Garlic Breadsticks & Pizza Choice Daily Soup: Chef's Choice Daily Sub: American Mix	17 Taco Salad w/tortilla chips (chicken, beef or black beans & cheese) Cheese Calzone or Pizza Daily Soup: Potato & Bacon Daily Sub: BLT	18 Gen Tso Chicken & Rice Bowl with Stir Fry Veggies & Fortune Cookie Personal Pizza Daily Soup: Pasta Fagioli Daily Sub: Tuna	19 Baked Ziti (Cheese or Sausage) w/garlic bread & vegetables BBQ Chicken, Cornbread & Coleslaw Daily Soup: French Onion Daily Sub: Bologna	20 Grilled Cheese, Chicken or Fish Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs
23 Chipotle Turkey Bacon Wrap w/Chips Ravioli with Sauce Cheesy Garlic Breadsticks & Pizza Choice Daily Soup: Chef's Choice Daily Sub: Italian Mix	24 Nachos with Cheese (choice of protein & toppings) Cheese Calzone or Pizza Daily Soup: Potato & Bacon Daily Sub: Turkey	25 BC Mashed Potato Bowl with chicken, corn, gravy, cheese Personal Pizza Daily Soup: Chicken Noodle Daily Sub: Ham & Cheese	26 Macaroni & Cheese Bowl w/Toppings Bar & Broccoli Meatball Marinara Sub Daily Soup: Italian Wedding Daily Sub: Bologna	27 Grilled Cheese, Chicken or Fish Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs
30 Chicken Caesar Wrap w/Tater Tots Pasta Primavera w/veggies Cheesy Garlic Breadsticks & Pizza Choice Daily Soup: Chef's Choice Daily Sub: American Mix	31 Walking Taco (taco salad in doritos bag) (choice of protein & toppings) Cheese Calzone or Pizza Soup: Broccoli/Cheese & Sub: BLT Halloween Dirt Pudding Cup	 <b>Daily GRAB AND GO</b> Chicken Sandwiches, Hamburgers, Veggie Burgers (Friday Only) Panini Flatbreads, Deli Sandwiches, Wraps, Subs, Fries/Tater Tots		

**Lunch Meal Prices**  
Student \$3.25  
Reduced \$0.25  
Adult \$4.00 (w/tax)  
Milk, Water or Juice  
included with any Meal  
Also Available A la Carte

**Salad Bar**  
Available Everyday



**AFTERSCHOOL  
CAFÉ**  
OPEN 1:24-3:00pm  
**BCHS CAFETERIA**  
Hot Panini Flatbreads  
Fresh Pizzas  
Mozzarella Sticks  
Fresh Wraps & Subs  
Bagels, Muffins, PBJs  
Chips, Yogurt, Other Snacks  
Asst Cookies, Drinks  
Prepack Salads (Fri only)



Menu is subject to change without notice