

**At the Delmar Farmers Markets – Sat, 10/7 at BCMS from 9am-1pm or
Tues, 10/3 at Methodist Church on Kenwood Ave from 3-6pm**

Instructions: Roam the farmers market during Farm to You Fest (Oct 2-7). Answer the following questions and submit your sheet (at the Saturday market or via your school main office by 10/10) to Bethlehem Healthy Kids.

Name _____ School _____ Grade _____

(Checklist may be completed at any farmers market. Use the back to draw any pictures!)

1. Name a fruit and a vegetable that comes in many different varieties at the farmers market and list as many varieties as you know.

Fruit _____

Vegetable _____



2. What is something you can find at the farmers market that begins with the first letter of your name?

3. What do you like about buying food from local farms? _____

4. What is your favorite fruit or vegetable available at the market today? _____

5. Name one fruit and/or vegetable that you have never tried but would if it were offered to you.

Can you draw a picture of it? (on back)

Ask a farmer:

6. Ask 3 farmers what time they get up in the morning to begin work on their farm.

Farmer 1: _____ Farmer 2: _____ Farmer 3: _____

7. What is their biggest challenge with farming this year and how are they dealing with it? _____

8. Find a farm that has created a product from produce grown on the farm (like juice or jam). Name the farm and product: _____

Finished? Nice work!! Please return your completed checklist to the Healthy Kids table at the Delmar Saturday Farmers Market (at the Bethlehem Middle School) on Sat., Oct. 7 **OR** bring to your school main office by Tuesday, October 10 to be eligible for the prize* drawing! Good luck!

*Prizes have been generously donated by the many vendors of the Delmar Saturday Farmers Market (DFM) (www.delmarmarket.org) and will be redeemable at the DFM throughout the 2017 season. The DFM is open every Saturday from June to December (9AM-1PM) at the Bethlehem Middle School. See you there!