

Healthy Choice Tickets

Bring your completed tickets to school on Tues., Wed., Thurs. & Fri.
to be entered in a drawing for exciting prizes!

Possible examples include:

I made a Healthy Choice for my body and mind. Today, I chose to have an apple
for snack instead of chips.

I made a Healthy Choice for my body and mind. Today, I chose to read my library
book, or played basketball instead of watching TV or playing with my DS.

Cut here -----

(Bring to the school office on Tuesday, May 8th)

I made a Healthy Choice for my body and mind. Today, I chose to:

_____ instead of _____.

Name: _____ Teacher: _____

Cut here -----

(Bring to the school office on Wednesday, May 9th)

I made a Healthy Choice for my body and mind. Today, I chose to:

_____ instead of _____.

Name: _____ Teacher: _____

Cut here -----

(Bring to the school office on Thursday, May 10th)

I made a Healthy Choice for my body and mind. Today, I chose to:

_____ instead of _____.

Name: _____ Teacher: _____

Cut here -----

(Bring to the school office on Friday, May 11th)

I made a Healthy Choice for my body and mind. Today, I chose to:

_____ instead of _____.

Name: _____ Teacher: _____