



December 2018

Bethlehem Central School District - Elementary Menu



Monday	Tuesday	Wednesday	Thursday	Friday	
3 Chicken Tenders Potato Chips & Baked Beans Cooked Carrots Yogurt Cup Fruit Choice & String Cheese	4 French Toast Sticks Sausage & Tater Tots Cucumber Slices Cinnamon Applesauce 100% Juice Cup	5 Nacho & Cheese Black Beans & Salsa Red Pepper Sticks Yellow Corn Fruit Choice & String Cheese	6 Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice	7 EARLY RELEASE Breakfast will be served No Lunch Service	Lunch Prices Paid \$3.00 Reduced \$0.25 Adult \$4.00 w/tax
10 Chicken Patty on a Bun Cheesy Mashed Potatoes Cooked Corn & Cucumber Slices String Cheese Fruit Choice	11 Italian Dippers (breadsticks & marinara) Steamed Broccoli Fruit Choice & String Cheese Jello Cup	12 Beef Taco (w/cheddar cheese, lettuce, salsa) Seasoned Rice Red Pepper Sticks Fruit Choice & String Cheese	13 Chicken Alfredo w/Rotini French Breadstick Green Beans Tiny Tomatoes Fruit Choice & String Cheese	14 Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice	1% or Skim White or Non-fat Flavored Milk \$0.50 
17 Hamburger or Cheeseburger French Fries Baked Beans & Cucumber Slices String Cheese Fruit Choice	18 French Toast Sticks Sausage & Tater Tots Red Pepper Sticks Cinnamon Applesauce 100% Juice Cup	19 Chicken Nuggets Macaroni & Cheese Green Beans Baby Carrots Fruit Choice & String Cheese	20 Grilled Cheese Sandwich with Tomato Soup Steamed Broccoli Fruit Choice String Cheese	21 Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice	Fruit, Veggies and Milk choices are available with any lunch meal
24 WINTER RECESS No School	25 WINTER RECESS No School	26 WINTER RECESS No School	27 WINTER RECESS No School	28 WINTER RECESS No School	
31 WINTER RECESS No School					

Daily Deli Sandwich Menu
 Mon - Turkey
 Tues - Ham
 Wed - Turkey
 Thurs - Bologna
 Fri - Choice

PB&J or Cheese Sandwich offered every day

Happy Holidays!

USDA is an equal opportunity provider & employer

Menu is Subject to Change Without Notice

BCSD Food Service is committed to providing healthful options for students. We are a part of USDA's National School Lunch Program and new standards have increased whole grains, added variety to fresh fruit and vegetable offerings, eliminated trans fats and lowered the amount of saturated fat, sodium and calories we serve on our menu.

We do our best to provide a product which your child will enjoy for lunch.