



January 2019

Bethlehem Central School District - Elementary Menu

Monday	Tuesday	Wednesday	Thursday	Friday
No School	No School Happy New Year!	Chicken & Cheese Quesadilla w/Salsa & Sour Cream Cooked Corn Rainbow Pepper Sticks Fruit Choice & String Cheese	Hot Dog on a Bun Baked Beans or Green Beans Cheddar Goldfish Crackers Cucumber Slices Fruit Choice & String Cheese	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
7	8	9	10	11
Chicken Patty on a Bun Cheesy Mashed Potatoes Cooked Corn & Cucumber Slices String Cheese Fruit Choice	Italian Dippers (breadsticks & marinara) Steamed Broccoli Fruit Choice & String Cheese Chocolate Chip Cookie	Chicken Nuggets Macaroni & Cheese Cooked Carrots Celery Sticks Fruit Choice & String Cheese	Pineapple Teriyaki Chicken & Rice with Stir Fry Vegetables Baby Carrots Fruit Choice String Cheese	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
14	15	16	17	18
Chicken Tenders French Fries Cooked Corn & Red Pepper Sticks Yogurt Cup Fruit Choice & String Cheese	French Toast Sticks Sausage & Tater Tots Cucumber Slices Clementines 100% Juice Cup	Pasta w/Sauce & Meatballs French Breadstick Green Beans Fruit Choice & String Cheese Jello Cup	Grilled Cheese Sandwich with Tomato Soup Celery Sticks & Baby Carrots Fruit Choice String Cheese	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
21	22	23	24	25
No School Martin Luther King Jr Day 	Italian Dippers (breadsticks & marinara) Steamed Broccoli Fruit Choice & String Cheese Chocolate Pudding Cup	Chicken Nuggets Macaroni & Cheese Green Beans Baby Carrots Fruit Choice & String Cheese	Nacho & Cheese Black Beans & Salsa Red Pepper Sticks Yellow Corn Fruit Choice & String Cheese	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
28	29	30	31	
Hamburger or Cheeseburger French Fries Baked Beans or Green Beans Cucumber Slices Fruit Choice & String Cheese	French Toast Sticks Sausage & Tater Tots Baby Carrots Cinnamon Applesauce 100% Juice Cup	Chicken Taco (Seasoned Chicken, Lettuce, Cheese) White Rice, Corn and Salsa Rainbow Pepper Sticks Fruit Choice & String Cheese	Grilled Cheese Sandwich with Tomato Soup Steamed Broccoli Fruit Choice String Cheese	

Lunch Prices
Paid \$3.00
Reduced \$0.25
Adult \$4.00 w/tax
Milk \$0.50

Breakfast Prices & Info
Paid \$1.75
Reduced \$0.25
Milk \$0.50

DAILY MENU
Cereal w/String Cheese
or Yogurt & Grahams
w/Fruit, Juice Cup
and Milk

Daily Deli Sandwich Menu
Mon - Turkey
Tues - Ham
Wed - Turkey
Thurs - Bologna
Fri - Choice

PB&J or Cheese Sandwich offered every day



Did You Know?
You can view and manage your student(s) school lunch account funds online from the comfort of your own home?
Create an Account Today at

USDA is an equal opportunity provider & employer
Menu is Subject to Change Without Notice

BCSD Food Service is committed to providing healthful options for students. We are a part of USDA's National School Lunch Program and new standards have increased whole grains, added variety to fresh fruit and vegetable offerings, eliminated trans fats and lowered the amount of saturated fat, sodium and calories we serve on our menu. We do our best to provide a product which your child will enjoy for lunch.