



# Bethlehem Central High School

## January 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Meal Prices
30	1	2	3	4	Student \$3.25 Reduced \$0.25 Adult \$4.00 (w/tax) Milk, Water or Juice included with any Meal Also Available A la Carte
<b>No School</b>  Winter Break	<b>No School</b>  Happy New Year! 	BC Mashed Potato Bowl with corn, chicken, gravy Personal Pizza Daily Soup: Broccoli & Cheese Daily Sub: Bologna	Macaroni & Cheese Bowl w/Toppings Bar & Broccoli Cheesy Garlic Breadsticks or Calzone Daily Soup: Pasta Fagioli Daily Sub: Italian Mix	Grilled Cheese or Chicken Tender Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs	
7	8	9	10	11	
Buffalo or Chicken Caesar Wrap w/Chips Pasta Primavera w/Vegetables Pizza Choice Daily Soup: Potato & Bacon Daily Sub: American Mix	Make Your Own Burrito Bowl (Protein, Cilantro Rice, Tortilla or Chips) Ravioli w/Steamed Veggies Daily Soup: French Onion Daily Sub: BLT	Teriyaki Chicken & Rice Bowl with Stir Fry Veggies & Fortune Cookie Personal Pizza Daily Soup: Chef's Choice Daily Sub: Bologna	Brunch for Lunch w/Cinnamon Roll (w/eggs, hashbrown, sausage links) Sausage & Peppers on Roll or Pizza Choice Daily Soup: Italian Wedding Daily Sub: Turkey	Grilled Cheese or Chicken Tender Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs	
14	15	16	17	18	<b>Salad Bar Available Everyday</b> 
BBQ Pulled Pork Sandwich Coleslaw & Curly Fries Pizza Choice Daily Soup: Potato & Bacon Daily Sub: American Mix	Nachos with Cheese (choice of protein & toppings) Baked Ziti w/Vegetable Daily Soup: Chicken Noodle Daily Sub: Turkey	BC Mashed Potato Bowl with corn, chicken, gravy Personal Pizza Daily Soup: Chef's Choice Daily Sub: Italian Mix	Macaroni & Cheese Bowl w/Toppings Bar & Broccoli Cheesy Garlic Breadsticks or Calzone Daily Soup: Pasta Fagioli Daily Sub: BLT	Grilled Cheese or Chicken Tender Basket w/Tomato Soup & Cold Salad Choice Cook Terri's Homemade Pizza w/mixed vegetables Assorted Grab & Go Salads and Subs	
21	22	23	24	25	<b>AFTERSCHOOL CAFÉ</b> OPEN 1:24-3:00pm BCHS CAFETERIA Wraps & Sub Sandwiches Pizza & Mozzarella Sticks Bagels, Muffins, PBJs Clips, Yogurt, Fruit Snacks Assorted Cookies, Drinks 
<b>NO SCHOOL</b> Martin Luther King Jr Day 	<b>Regents Exam Week</b> Good Luck on Your Exams!	<b>Regents Exam Week</b> BC Blend OPEN! Grab & Go Meals and Snacks Enter through the F Wing	<b>Regents Exam Week</b> Rest, Eat Well and Stay Hydrated!	<b>Regents Exam Week</b> BC Blend OPEN! Grab & Go Meals and Snacks Enter through the F Wing	
28	28	30	31	<div style="background-color: #4b0082; color: white; padding: 10px; text-align: center;"> <p>---BC BLEND---</p> <p><b>COFFEE DRINKS, SMOOTHIES, HOT &amp; COLD BREAKFAST ITEMS</b></p> <p>7am - 1pm Daily</p> </div>	
BC Burger w/Fries & Pickle Chicken Pesto Pasta w/veggies Pizza Choice Daily Soup: Potato & Bacon Daily Sub: Italian Mix	Chicken & Cheese Enchiladas with Mexican Rice & Beans Spaghetti & Meatballs w/Breadstick Daily Soup: French Onion Daily Sub: BLT	Gen Tso Chicken & Rice Bowl with Stir Fry Veggies & Fortune Cookie Personal Pizza Daily Soup: Chef's Choice Daily Sub: Turkey	Macaroni & Cheese Bowl w/Toppings Bar & Broccoli Mozzarella Sticks w/Sauce or Pizza Choice Daily Soup: Italian Wedding Daily Sub: Bologna		
<b>BCHS DAILY GRAB AND GO</b>		<b>Chicken Patty Sandwich, Hamburgers, Veggie Burgers, Fries/Tator Tots</b> <b>Soup of the Day, Panini Flatbreads, Deli Sandwiches, Wraps, Italian Subs</b> <b>Fresh Salad Bar, Cold Pasta &amp; Vegetable Sides</b> <b>*Vegetarian Options Available Daily</b>			

Menu is subject to change without notice