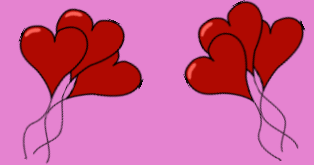






Bethlehem Central Middle School

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast Prices
WEEKLY BREAKFAST MENU					
Breakfast Sandwich Fresh Fried Egg, Cheese and Sausage on Hard Roll	Old-Fashioned Donut w/cinnamon & sugar topping	Fruit & Yogurt Parfait w/grahams	Mini Maple Pancakes	Breakfast Sandwich Fresh Fried Egg, Cheese and Sausage on Hard Roll	Paid \$2.00 Reduced \$0.25 Adult \$2.75 w/tax
Every Day Choices: Bagel & Cream Cheese, Cereal Cup w/Milk & String Cheese, Soft Oat Bar w/Yogurt Cup					
LUNCH MENU					Lunch Prices
				Primo Pizza Slice Grilled Cheese & Tomato Soup Mixed Vegetables Leafy Green Salad & Chickpeas Fruit Choice	Paid \$3.25 Reduced \$0.25 Adults \$4.00 w/tax
Hot Dog or Corndog Baked Beans and Potato Chips Cooked Corn & Cucumber Slices Fruit Choice String Cheese	Italian Dippers Chicken Caesar Salad w/Breadsticks Green Beans String Cheese Fruit Choice	Chicken Tenders (3) Macaroni & Cheese Cooked Broccoli Red Pepper Sticks Fruit Choice & String Cheese	Buffalo or Caesar Chicken Wrap French Fries Baby Carrots String Cheese & Fruit Choice Chocolate Pudding Cup	Personal Pizza Choice Grilled Cheese & Tomato Soup Mixed Vegetables Leafy Green Salad & Chickpeas Fruit Choice	1% White or Fat Free Flavored Milk is \$0.50 and is included with any meal 
Chicken Patty on a Roll (Plain or Spicy) Mashed Potatoes w/Cheese Green Beans & Red Pepper Sticks Fruit Choice & String Cheese	Breakfast for Lunch (French Toast & Sausage Links) Tater Tots Cucumber Slices & Juice Cup Fruit Choice & String Cheese	Spaghetti & Meatballs Garlic Breadstick Steamed Broccoli Fruit Choice String Cheese	Taco Salad (Beef and/or Seasoned Black Beans) Tortilla Chips & String Cheese Cooked Corn & Grape Tomatoes Fruit Choice & String Cheese	Primo Pizza Slice Grilled Cheese & Tomato Soup Mixed Vegetables Leafy Green Salad & Chickpeas Fruit Choice	
Presidents' Day NO SCHOOL 	February Break NO SCHOOL	February Break NO SCHOOL	February Break NO SCHOOL	February Break NO SCHOOL	
BC Burger (Plain or Cheese) French Fries Steamed Broccoli Baby Carrots Fruit Choice & String Cheese	Italian Dippers Chicken Cobb Salad w/Breadsticks Green Beans String Cheese Fruit Choice	Make Your Own NACHOS (Tortilla Chips w/Beans & Cheese) Salsa, Sour Cream & Black Olives Cooked Corn Fruit Choice & String Cheese	BBQ Pork Sandwich Macaroni Salad Baked Beans Red Pepper Sticks Fruit Choice & String Cheese		

EVERY DAY ENTREE OPTIONS

DAILY DELI SANDWICH/SUB
(Turkey, Ham, Bologna w/American Cheese)
PEANUT BUTTER & JELLY SANDWICH
All sandwiches are served on soft, whole grain bread

USDA is an equal opportunity provider & employer
Menu is Subject to Change Without Notice

BCSD Food Service is committed to providing healthful options for students. We are a part of USDA's National School Lunch Program and new standards have increased whole grains, added variety to fresh fruit and vegetable offerings, eliminated trans fats and lowered the amount of saturated fat, sodium and calories we serve on our menu. We do our best to provide a product which your child will enjoy for lunch.