



December 18, 2018

Dear Parent/Guardian:

The Bethlehem Central Physical Education Department offers an **Alternative Study option for Physical Education**.

The program is for seniors only who are in good academic standing in Physical Education, meet the fitness standards of the fitnessgram assessment, and meet the requirements of the exemption.

The Alternative Study option is for one semester only. The program is pass/fail grading and will not count towards a student class ranking and GPA. They will also not be eligible for the Capital Zone of the New York State Association Physical Education Leadership Award.

A student selecting the Alternative study option must be in a program that is instructional in nature, have an assessment component based on skills taught during instruction and meet equivalent time and duration as the regular Physical Education class. A copy of the syllabus that outlines the skills and strategies being taught, assessment, instructor's credentials and projected dates of attendance must be submitted with the application.

If the student does not fulfill the requirement of the program, no credit will be awarded. The student would be enrolled in 2 physical education classes 2nd semester or enroll in summer school.

Deadline for submission is June 7, 2019 for first semester and November 1, 2019 for second semester. If you have questions regarding the exemption program, please contact the District Physical Education Department at 439-4921 x22048.

Sincerely,

Frederick C. Powers, C.A.A.
Supervisor FACS, Health & Physical Education

2019-2020 Physical Education Alternative Study Application

Please provide all information requested & submit prior to

June 07, 2019 for 1st Semester & November 01, 2019 for 2nd Semester

1. Name: _____ Date: _____

2. HR: _____ Counselor: _____

3. Parent email address: _____

4. Alternative Program of Study :

Name of Program _____

Name of Instructor _____

Dates and Times of session's _____

Location _____

Phone # _____

Please attach a copy of the program outline with specific skills, strategies and knowledge being taught. A copy of the assessment being used to measure success and a copy of the instructors credentials.

No application will be considered without their documents.

5. I am currently schedule for physical education on period _____.

6. My physical education teacher is _____.

7. Alternative Activity Exemptions are good for only one semester, please choose which semester you are requesting an exemption.

Semester one:

Semester two:

***Acknowledgement:**

I have received and read the information provided in the Request for *Physical Education Alternative Study* document. I understand in order to be approved all qualifications must be met and if I am no longer enrolled in the alternative study program it is my responsibility to notify the Supervisor of Physical Education so I can be enrolled in a physical education class. I further understand that depending on the length of time out of Physical Education prior to being enrolled I may not be issued credit and need to double up in Physical Education to graduate.

Student signature _____
Date

Parent / Guardian Signature _____
Date

Supervisor of Physical Education _____
Date

(Office use only)		
Date received: _____		
Fitnessgram results:	Met standards	Did not meet all standards
Physical Education standing:	Current (1 ½ credits)	Below 1 ½ credits
Program of study Instructional in Nature	Yes	No
Assessment Measures submitted	Yes	No
Instructor credentials submitted	Yes	No
Number of hours per week _____	Number of hours per Semester _____	
<input type="checkbox"/> Approved		
<input type="checkbox"/> Disapproved (reason) _____		

Bethlehem Central Department of FACS, Health & Physical Education

Request for Physical Education Alternative Study Option

- Students who wish to exercise this option must complete and submit a Physical Education Alternative Study Application by June 07, 2019 for first semester and November 01, 2019 for second semester.
- No application will be considered if incomplete, or submitted after the due date.

PE Alternative Study Option Eligibility requires all of the criteria below are met for consideration:

1. Student must be a senior.
2. Student must be up to date with their physical education credit.
3. The activity being used for exemption must not be taught in physical education or offered as an Interscholastic sport at Bethlehem Central.
4. Interscholastic sports may not be combined with outside activities to extend the exemption.
5. Student must pass each component of the Fitnessgram assessment during their physical education assessment.
6. Alternative Study documents submitted to the District Physical Education office by due dates.

PE Alternative Study Option approval requires adherence to the following stipulations:

1. The student must complete and submit a request for Physical Education Alternative Study Application, by the date specified directly to the Supervisor of Physical Education before approval will be granted.
2. **Alternative Study is for one semester only.**
3. The program of study must be instructional in nature, have an assessment component that measures student understanding and skill development, meet for a minimum of 45 hours /17 weeks semester one and 30 hours / 17 weeks semester two.
4. **The assessment and a log of attendance must be submitted no later than the last day of each quarter.**

Grade Protocol for the PE Alternative Study Option will be:

Students who elect the Alternative Study option will receive a "Pass" grade for each marking period. Please note that students in regular physical education have their numeric grade calculated in their GPA and class rank. Students who elect the PE Alternative Study option receive a "Pass" grade in physical education which **will not** count towards their GPA and class rank.

A student who does not complete their Alternative Study option will immediately be enrolled in regular physical education. Depending upon the length of time out of physical education credit may not be granted and the student may need to enroll in a second physical education class to earn enough credit for graduation.