



March 2020

Bethlehem Central School District - Elementary Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Tenders French Fries Steamed Broccoli & Baby Carrots Fruit Choice & String Cheese Graham Crackers	Italian Dippers w/Sauce Fresh Veggie Cup Fruit Choice String Cheese Jello Cup w/Whip Topping	Beef Taco (w/cheddar cheese, lettuce, salsa) Seasoned Rice Cooked Corn & Cucumber Slices Fruit Choice & String Cheese	Grilled 1)Ham & Cheese or 2) Cheese with Chicken Noodle Soup Cooked Green Beans & Tiny Tomatoes Fruit Choice String Cheese	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
9	10	11	12	13
Nacho & Cheese Black Beans & Salsa Red Pepper Sticks Yellow Corn Fruit Choice & String Cheese	French Toast Sticks Sausage & Hashbrown Bites Warm Cinnamon Applesauce 100% Juice Cup String Cheese	Chicken Nuggets Macaroni & Cheese Steamed Broccoli Tiny Tomatoes Fruit Choice & String Cheese	1)Hamburger or 2)Cheeseburger Baked Potato Chips Steamed Carrots & Cucumber Slices String Cheese Fruit Choice	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
16	17	18	19	20
1) Chicken/Cheese or 2) Cheese Quesadilla w/Salsa & Guacamole Cooked Corn & Fresh Veggie Cup String Cheese Fruit Choice	St. Patty's Day Menu Shamrock Soft Pretzel w/Cheddar Cheese Dip Sauce Yogurt Cup Rainbow Pepper Sticks Fruit Choice & String Cheese	Sea Shaped Fish Nuggets (Pollock) French Fries Steamed Peas & Carrots Fruit Choice & String Cheese Chocolate Pudding Cup	PIZZA Grilled Cheese (Turkey Pepperoni) with Tomato Soup Steamed Broccoli Fruit Choice String Cheese	No School Conference Day
23	24	25	26	27
Hot Dog on a Bun Goldfish Crackers Baked Beans & Red Pepper Sticks String Cheese Fruit Choice	French Toast Sticks Sausage & Hashbrown Bites Mandarin Oranges 100% Juice Cup String Cheese	Chicken Alfredo w/Rotini Garlic Breadstick Green Beans Baby Carrots Fruit Choice & String Cheese	Chicken Patty on a Bun Cheesy Mashed Potatoes Steamed Broccoli String Cheese Fruit Choice	Slice of Pizza 1)Cheese or 2)Pepperoni Peas, Carrots, Corn String Cheese & Chickpeas Green Salad & Fruit Choice
30	31			
Chicken Tenders French Fries Steamed Broccoli & Baby Carrots Fruit Choice & String Cheese Graham Crackers	Italian Dippers w/Sauce Fresh Veggie Cup Fruit Choice String Cheese Jello Cup w/Whip Topping			



Lunch Prices
Paid \$3.00
Reduced No Charge
Adult \$4.00 w/tax
Milk \$0.50

Breakfast Prices & Info
Paid \$1.75
Reduced No Charge
Milk \$0.50

DAILY MENU
*Cereal w/String Cheese
or Yogurt & Grahams
w/Fruit, Juice Cup
and Milk*

Alternate Entree Menu
Mon: Turkey & Cheese Sandwich
Tues: Tuna Salad Sandwich
Wed: Italian Mix Sub (Turkey)
Thurs: Chef Salad w/Chicken
Fri: Turkey & Cheese Sandwich or
Chef's Choice

PB&J or Cheese Sandwich offered
every day as an alternate entree



Menu is Subject to Change Without Notice

BCSD Food Service is committed to providing healthful options for students. We are a part of USDA's National School Lunch Program and new standards have increased whole grains, added variety to fresh fruit and vegetable offerings, eliminated trans fats and lowered the amount of saturated fat, sodium and calories we serve on our menu. We do our best to provide a product which your child will enjoy for lunch.