



# Bethlehem Central High School

## March 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Meal Prices
2 Buffalo or Chicken Caesar Wrap <i>Locally Sourced Roasted Vegetables</i> BBQ Pulled Pork Sandwich w/potatoes <b>Daily Fresh Fruit: Orange Wedges</b> <b>Daily Soup: Potato Bacon</b>	3 Walking Taco (chicken or black bean) <i>lettuce, tomato, salsa and guacamole</i> Shrimp Alfredo w/Pasta & Green Beans <b>Fresh Fruit: Red Grapes</b> <b>Soup: Pasta Fagioli</b>	4 Cheeseburger or Veggie Burger <i>with Seasoned Curly Fries</i> Chicken Pesto Pasta w/Steamed Veg <b>Fresh Fruit: Pineapple &amp; Kiwi</b> <b>Daily Soup: Chef's Choice</b>	5 Macaroni & Cheese Bowl <i>w/Toppings Bar &amp; Broccoli</i> Hot Turkey Sandwich w/Fries <b>Fresh Fruit: Fresh Strawberries</b> <b>Daily Soup: Italian Wedding</b>	6 Grilled Cheese, Chicken or Fish Basket <i>comes with french fries &amp; coleslaw</i> <i>Mixed Vegetables</i> <b>Daily Fresh Fruit: Fruit Salad Medley</b> <b>Daily Soup: Tomato</b>	<b>Student \$3.50</b> <b>Reduced No Charge</b> <b>Adult \$4.00 (w/tax)</b> <b>Milk, Water or Juice</b> <b>included with any Meal</b> <b>Also Available A la Carte</b>
9 BC Mashed Potato Bowl <i>with chicken, corn, gravy, cheese</i> <b>Daily Fresh Fruit: Orange Wedges</b> <b>Daily Soup: Broccoli &amp; Cheese</b>	10 Chicken or Cheese Quesadilla <i>w/Mexican Rice &amp; Sweet Corn</i> Spaghetti & Meatballs w/Breadstick & Veg <b>Fresh Fruit: Blueberries</b> <b>Daily Soup: Chicken Noodle</b>	11 Gen Tso's Chicken & Rice Bowl <i>with Stir Fry Veggies &amp; Fortune Cookie</i> Chicken Pesto Pasta w/Steamed Veg <b>Fresh Fruit: Pineapple &amp; Mango Slices</b> <b>Daily Soup: Chef's Choice</b>	12 Oven Roasted Chicken <i>w/Seasoned Rice &amp; Vegetable Medley</i> Nachos & Cheese <b>Fresh Fruit: Cut Melon</b> <b>Daily Soup: Potato Bacon</b>	13 Grilled Cheese, Chicken or Fish Basket <i>comes with french fries &amp; coleslaw</i> <i>Mixed Vegetables</i> <b>Daily Fresh Fruit: Fruit Salad Medley</b> <b>Daily Soup: Tomato</b>	<b>Salad Bar &amp; Fresh Fruit</b> <b>Available Everyday</b> 
16 Potato & Cheese Pierogi (4) <i>w/Kielbasa Bites &amp; Steamed Veggies</i> <b>Daily Fresh Fruit: Orange Wedges</b> <b>Daily Soup: French Onion</b>	17 Nachos & Cheese <i>(choice of protein &amp; toppings)</i> Chicken Alfredo w/Sauteed Green Beans <b>Fresh Fruit: Red Grapes</b> <b>Soup: Pasta Fagioli</b>	18 Sloppy Joe's w/French Fries <i>Sauteed Green Beans</i> Chicken Pesto Pasta w/Steamed Veg <b>Fresh Fruit: Pineapple &amp; Kiwi</b> <b>Daily Soup: Chef's Choice</b>	19 Macaroni & Cheese Bowl <i>w/Toppings Bar &amp; Broccoli</i> Rueben Sandwich on Rye Bread <b>Fresh Fruit: Fresh Strawberries</b> <b>Daily Soup: Italian Wedding</b>	20 NO SCHOOL <i>Staff Conference Day</i>	<b>AFTERSCHOOL Café</b> <b>OPEN until 2:45pm</b> <b>BCHS CAFETERIA</b> <b>Grab &amp; Go Items</b> <b>Hot &amp; Cold Sandwiches</b> <b>Bottled Drinks &amp; Snacks</b> 
23 Buffalo or Chicken Caesar Wrap <i>Locally Sourced Roasted Vegetables</i> 7" Personal Pizza Choice <b>Daily Fresh Fruit: Orange Wedges</b> <b>Daily Soup: Potato Bacon</b>	24 Chicken & Cheese Enchiladas <i>with Mexican Rice &amp; Black Beans</i> Cheese Ravioli w/Breadstick & Veg <b>Fresh Fruit: Blueberries</b> <b>Daily Soup: Chicken Noodle</b>	25 Korean BBQ Chicken & Rice Bowl <i>with Stir Fry Veggies &amp; Fortune Cookie</i> Chicken Pesto Pasta w/Steamed Veg <b>Fresh Fruit: Pineapple &amp; Kiwi</b> <b>Daily Soup: Chef's Choice</b>	26 Macaroni & Cheese Bowl <i>w/Toppings Bar &amp; Broccoli</i> Sausage & Pepper on Hard Roll <b>Fresh Fruit: Cut Melon</b> <b>Daily Soup: Pasta Fagioli</b>	27 Grilled Cheese, Chicken or Fish Basket <i>comes with french fries &amp; coleslaw</i> <i>Mixed Vegetables</i> <b>Daily Fresh Fruit: Fruit Salad Medley</b> <b>Daily Soup: Tomato</b>	

30 BC Mashed Potato Bowl <i>with chicken, corn, gravy, cheese</i> <b>Daily Fresh Fruit: Orange Wedges</b> <b>Daily Soup: Broccoli &amp; Cheese</b>	31 Nachos & Cheese <i>(choice of protein &amp; toppings)</i> Shrimp Alfredo w/Sauteed Green Beans <b>Fresh Fruit: Red Grapes</b> <b>Soup: Pasta Fagioli</b>
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**Fresh Made Wraps**  
*Ask your server for it grilled!*  
Mon: Roast Beef w/Cheese or Turkey w/Cheese  
Tues: Caesar Chicken w/Parmesan & Romaine  
Wed: Vegetarian Wrap or Turkey Reuben  
Thurs: Crispy or Chipotle Chicken w/Shred Cheese & Lettuce  
Fri: Turkey Bacon with Tomato & American Cheese

**Sub Sandwich Menu**  
Mon: Salami or Bologna w/ or w/o American Cheese  
Tues: Italian Mix with American Cheese  
Wed: Turkey or Turkey & Swiss  
Thurs: Italian Mix with American Cheese  
Fri: Tuna with Provolone



**Everyday Hot Grab & Go**  
**Now offered on both lines!**  
Cheeseburger  
Bacon Cheeseburger  
Chicken Patty Sandwich  
Spicy Chicken Patty Sandwich  
French Fry/Tater Tot Boat  
Slice of Pizza (toppings vary)

### Dessert Menu

*Offered on Wednesdays*

3/4: Bread Pudding  
3/11: Cookie Choice  
3/18: St Patty's Poke Cake  
3/25: Fudge Brownie