

Bethlehem Central Middle School

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Prices
2 Buffalo or Crispy Chicken Wrap Baked Chips & Baby Carrots Steamed Broccoli String Cheese Fruit Choice	3 Spaghetti & Meat or Marinara Sauce Garlic Breadstick Cooked Corn Garden Side Salad Fruit Choice & String Cheese	4 Chicken Tenders (3) Macaroni & Cheese Steamed Broccoli Red Pepper Sticks Fruit Choice & String Cheese	5 Hot Dog or Corndog Baked Beans Creamy Coleslaw Baby Carrots with Hummus Dip Fruit Choice & String Cheese	6 Primo Pizza Slice Grilled Cheese & Tomato Soup Mixed Vegetables Leafy Green Salad & Chickpeas Fruit Choice	Paid \$3.25 Reduced No Charge Adults \$4.00 w/tax
9 Make Your Own NACHOS (Tortilla Chips w/Beans & Cheese) Salsa, Sour Cream & Black Olives Cooked Corn Fruit Choice & String Cheese	10 Italian Dippers Chef Salad w/Breadsticks Green Beans & Cucumber Slices Potato & Bacon Soup Fruit Choice & String Cheese	11 Breakfast for Lunch (French Toast & Sausage Links) Hashbrown Bites 100% Juice Cup Fruit Choice & String Cheese	12 BC Burger (Plain or Cheese) Fish Sandwich w/Tartar Sauce Seasoned Curly Fries Carrot & Celery Sticks Fruit Choice & String Cheese	13 Primo Pizza Slice Grilled Cheese & Tomato Soup Mixed Vegetables Leafy Green Salad & Chickpeas Fruit Choice	1% White or Fat Free Flavored Milk is \$0.50 and is included with any meal 
16 BC Mashed Potato Bowl w/Chicken (mashed potato, gravy, corn, cheese) Fresh Veggie Cup & Dinner Roll String Cheese Fruit Choice	17 Chicken Alfredo over Pasta Steamed Broccoli Red Pepper Sticks Fruit Choice & String Cheese  St Patty's Poke Cake	18 Chicken Patty or Fish Sandwich Tater Tots Steamed Broccoli Red Pepper Sticks Fruit Choice & String Cheese	19 Taco Salad (Beef and/or Seasoned Black Beans) Tortilla Chips & String Cheese Cooked Corn & Grape Tomatoes Fruit Choice & String Cheese	20 No School Staff Conference Day	EVERY DAY ENTREE OPTIONS DAILY DELI SANDWICH/SUB (Turkey, Ham, Bologna, Tuna or Italian Mix w/American Cheese) PEANUT BUTTER & JELLY SANDWICH All sandwiches are served on soft, whole grain bread
23 Crispy Chicken Parm Sub Baked Chips & Cucumber Slices Steamed Carrots String Cheese Fruit Choice	24 Italian Dippers Chicken Cobb Salad w/Breadsticks Green Beans & Baby Carrots Chicken Noodle Soup Fruit Choice & String Cheese	25 Breakfast for Lunch (French Toast & Sausage Links) Hashbrown Bites 100% Juice Cup Fruit Choice & String Cheese	26 CHICKEN WINGS - NEW! (BBQ or Hot Wings) with side of Fries and Veggie Sticks Cooked Corn & Pasta Salad Fruit Choice & String Cheese	27 Primo Pizza Slice Grilled Cheese & Tomato Soup Mixed Vegetables Leafy Green Salad & Chickpeas Fruit Choice	
30 Make Your Own NACHOS (Tortilla Chips w/Beans & Cheese) Salsa, Sour Cream & Black Olives Cooked Corn Fruit Choice & String Cheese	31 Spaghetti & Meat or Marinara Sauce Garlic Breadsticks Cooked Corn Garden Side Salad Fruit Choice & String Cheese				

USDA is an equal opportunity provider & employer
 Menu is Subject to Change Without Notice

BCSD Food Service is committed to providing healthful options for students. We are a part of USDA's National School Lunch Program and new standards have increased whole grains, added variety to fresh fruit and vegetable offerings, eliminated trans fats and lowered the amount of saturated fat, sodium and calories we serve on our menu. We do our best to provide a product which your child will enjoy for lunch.