



BETHLEHEM CENTRAL SCHOOL DISTRICT

ABSENCE FROM SCHOOL DURING COVID-19

Your child is absent from school with one or more symptoms of COVID-19. In accordance with the New York State Department of Health's COVID-19 Toolkit students with one or more symptoms of COVID-19 must remain at home until evaluated and cleared to return to school.

The Centers for Disease Control and Prevention (CDC) say symptoms may start 2-14 days after exposure to the virus. Symptoms of COVID-19 are listed* below . Please check all symptoms your child is exhibiting:

- | | |
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| <input type="checkbox"/> Fever _____ °F | <input type="checkbox"/> New loss of taste or smell |
| <input type="checkbox"/> Chills | <input type="checkbox"/> Sore throat |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Stuffy nose/congestion |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Runny nose |
| <input type="checkbox"/> Tired/Fatigue | <input type="checkbox"/> Stomach ache/Nausea |
| <input type="checkbox"/> Muscle or body aches | <input type="checkbox"/> Throwing up/vomiting |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Diarrhea |

*This list does not include all possible symptoms. CDC will continue to update this as more is learned about COVID-19. Please see the CDC's COVID-19 in Children and Teens for more information.

According to the CDC, the COVID-19 signs and symptoms below REQUIRE IMMEDIATE EMERGENCY CARE. If you see any one symptom below, call 911 or take your child to the closest emergency room.

Persistent pain or chest pressure	New confusion	Flushed/red cheeks	Bluish lips or face
Going to the bathroom a lot (diarrhea & urination)	Hard to wake or stay awake	Difficulty breathing, fast breathing, or trouble breathing at rest	Extremely exhausted and/or extreme irritability

PLEASE BRING THIS FORM TO YOUR HEALTH CARE PROVIDER (HCP) THIS IS REQUIRED FOR A RETURN TO SCHOOL

NYS Department of Health REQUIRES school staff/students with any one symptom of COVID-19 be evaluated by a health care provider within 48 hours AND have one of the items listed below in order to return to school.

<p><input type="checkbox"/> Negative laboratory based COVID Test: Proof is the lab result OR Health Care Provider (HCP) note stating a negative test result. (A HCP is a physician, nurse practitioner, or physician assistant)</p>
<p><input type="checkbox"/> HCP Note Explaining a diagnosis of a known Chronic Condition with unchanged symptoms AND, COVID-19 is not suspected. A diagnosis alone is not enough information.</p>
<p><input type="checkbox"/> HCP Note of a Confirmed Acute Illness (e.g., laboratory-confirmed influenza, strep throat) AND COVID-19 is not suspected, then a note signed by a HCP explaining the alternate diagnosis is required. A diagnosis alone is not enough information. It should be noted that a positive influenza or strep test does not rule out a coinfection with COVID. Students may return to school as instructed by the HCP.</p>