



# BETHLEHEM CENTRAL SCHOOL DISTRICT

## DISMISSAL FROM THE HEALTH OFFICE WITH SYMPTOMS OF COVID-19

Your child is being sent home today because they have one or more symptoms of COVID-19.

The Centers for Disease Control and Prevention (CDC) say symptoms may start 2-14 days after exposure to the virus. Symptoms of COVID-19 are listed\* below. These are the symptoms your child reported at school:

- |  |   |
|--|---|
| <input type="checkbox"/> Fever _____ °F                              | <input type="checkbox"/> New loss of taste or smell |
| <input type="checkbox"/> Chills                                      | <input type="checkbox"/> Sore throat                |
| <input type="checkbox"/> Cough                                       | <input type="checkbox"/> Stuffy nose/congestion     |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Runny nose                 |
| <input type="checkbox"/> Tired/Fatigue                               | <input type="checkbox"/> Stomach ache/Nausea        |
| <input type="checkbox"/> Muscle or body aches                        | <input type="checkbox"/> Throwing up/vomiting       |
| <input type="checkbox"/> Headache                                    | <input type="checkbox"/> Diarrhea                   |

\*This list does not include all possible symptoms. CDC will continue to update this as more is learned about COVID-19. Please see the CDC's COVID-19 in Children and Teens for more information.

**According to the CDC, the COVID-19 signs and symptoms below REQUIRE IMMEDIATE EMERGENCY CARE. If you see any one symptom below, call 911 or take your child to the closest emergency room.**

Persistent pain or chest pressure	New confusion	Flushed/red cheeks	Bluish lips or face
Going to the bathroom a lot (diarrhea & urination)	Hard to wake or stay awake	Difficulty breathing, fast breathing, or trouble breathing at rest	Extremely exhausted and/or extreme irritability

## PLEASE BRING THIS FORM TO YOUR HEALTH CARE PROVIDER (HCP)

**THIS IS REQUIRED FOR A RETURN TO SCHOOL**

NYS Department of Health REQUIRES school staff/students with any one symptom of COVID-19 be evaluated by a health care provider within 48 hours AND have one of the items listed below in order to return to school.

<p><input type="checkbox"/> <b>Negative laboratory based COVID Test:</b> Proof is the lab result OR Health Care Provider (HCP) note stating a negative test result. (A HCP is a physician, nurse practitioner, or physician assistant)</p>
<p><input type="checkbox"/> <b>HCP Note Explaining</b> a diagnosis of a known <b>Chronic Condition with unchanged symptoms AND, COVID-19 is not suspected.</b> A diagnosis alone is not enough information.</p>
<p><input type="checkbox"/> <b>HCP Note of a Confirmed Acute Illness</b> (e.g., laboratory-confirmed influenza, strep throat) <b>AND COVID-19 is not suspected,</b> then a note signed by a HCP <b>explaining</b> the alternate diagnosis is required. A diagnosis alone is not enough information. It should be noted that a positive influenza or strep test does not rule out a coinfection with COVID. Students may return to school as instructed by the HCP.</p>