Your child is being sent home today because they have one or more symptoms of COVID-19.

The Centers for Disease Control and Prevention (CDC) say symptoms may start 2-14 days after exposure to the virus. Symptoms of COVID-19 are listed* below. These are the symptoms your child reported at school:

- Fever ______ °F
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Tired/Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Stuffy nose/congestion
- Runny nose
- Stomach ache/Nausea
- Throwing up/vomiting
- Diarrhea

*This list does not include all possible symptoms. CDC will continue to update this as more is learned about COVID-19. Please see the CDC’s COVID-19 in Children and Teens for more information.

According to the CDC, the COVID-19 signs and symptoms below REQUIRE IMMEDIATE EMERGENCY CARE. If you see any one symptom below, call 911 or take your child to the closest emergency room.

<table>
<thead>
<tr>
<th>Persistent pain or chest pressure</th>
<th>New confusion</th>
<th>Flushed/red cheeks</th>
<th>Bluish lips or face</th>
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</thead>
<tbody>
<tr>
<td>Going to the bathroom a lot (diarrhea &amp; urination)</td>
<td>Hard to wake or stay awake</td>
<td>Difficulty breathing, fast breathing, or trouble breathing at rest</td>
<td>Extremely exhausted and/or extreme irritability</td>
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</tbody>
</table>

NYS Department of Health REQUIRES school staff/students with any one symptom of COVID-19 be evaluated by a health care provider within 48 hours AND have one of the items listed below in order to return to school.

- **Negative laboratory based COVID Test:** Proof is the lab result OR Health Care Provider (HCP) note stating a negative test result. (A HCP is a physician, nurse practitioner, or physician assistant)

- **HCP Note Explaining** a diagnosis of a known **Chronic Condition with unchanged symptoms AND, COVID-19 is not suspected.** A diagnosis alone is not enough information.

- **HCP Note of a Confirmed Acute Illness** (e.g., laboratory-confirmed influenza, strep throat) **AND COVID-19 is not suspected**, then a note signed by a HCP explaining the alternate diagnosis is required. A diagnosis alone is not enough information. It should be noted that a positive influenza or strep test does not rule out a coinfection with COVID. Students may return to school as instructed by the HCP.