


**LUNCH**

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
MySchoolBucks.com

**OCTOBER 2022**  
Bethlehem Middle School

Lunch \$3.25  
Doubles \$1.50  
Milk \$.50

 = NYS product  
We now serve local NY burgers and ground

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Plain or Buffalo Chicken Patty on a WW Roll Cheese Oven Baked French Fries Baby Carrots</p> <p><b>3</b></p>	<p><b>National Taco Day</b></p> <p>Seasoned Ground Beef  WG Doritos Sour Cream Cheese Shredded Lettuce Tomato Refried Beans Cucumber Coins</p> <p><b>4</b></p>	<p><b>NO SCHOOL</b></p> <p><b>5</b></p>	<p><b>National Noodle Day</b></p> <p>Rotini with Meat Sauce  Cheesy Garlic Bread Roasted Broccoli Tossed Salad </p> <p><b>6</b></p>	<p><b>World Smile Day</b></p> <p>All Beef Hot Dog  on a WW Roll Smile Fries Seasoned Green Beans Chocolate Chip Cookie</p> <p><b>7</b></p>
<p><b>NO SCHOOL</b></p> <p><b>10</b></p>	<p><b>Rock and Roll Eagle Bowl</b></p> <p>Popcorn Chicken Mashed Potatoes Seasoned Corn Gravy WW Dinner Roll</p> <p><b>11</b></p>	<p><b>Good Vibes Sloppy Joe Sandwich</b></p> <p>Ground Beef  in a Homemade Sauce on a WW Roll Sweet Potato Fries Cool as a Cucumber Slices</p> <p><b>12</b></p>	<p><b>Right on Meatloaf</b> </p> <p>Mashed Potatoes Gravy Groovy Green Beans WW Dinner Roll</p> <p><b>13</b></p>	<p><b>Peace, Love, and Pizza</b></p> <p>Cheese or Pepperoni Cheesy Broccoli Tossed Salad  Poke Cake Dessert</p> <p><b>14</b></p>
<p><b>Wrap Day</b></p> <p>Crispy Buffalo Chicken And Shredded Cheese on WW Tortillas Fresh Cauliflower with Dip Sweet Potato Fries Melba Sauce</p> <p><b>17</b></p>	<p><b>Takeout Tuesday</b></p> <p>Sweet Thai Chili Boneless Wing Rice Bowl Steamed Broccoli Red Pepper Strips Mandarin Oranges</p> <p><b>18</b></p>	<p>Grilled Cheese and Chicken Tender Basket Dipping Sauce Crisp Cucumber Slices Chocolate Dessert With Cinnamon Crisps</p> <p><b>19</b></p>	<p><b>Brunch for Lunch</b></p> <p>French Toast Sticks Sausage Patty Warm Cinnamon Apples Hash brown Baby Carrots</p> <p><b>20</b></p>	<p><b>Appetizer Sampler</b></p> <p>Mozzarella Sticks Chicken Nuggets Marinara and Dipping Sauces Roasted Broccoli Tossed Salad </p> <p><b>21</b></p>
<p><b>Big Crunch &amp; Farm to School Day</b></p> <p>NY Cheeseburgers on a WW roll NY French Fries NY Apples NY Roasted Squash Ice Cold NY Milk</p> <p><b>24</b></p>	<p><b>Taco Tuesday</b></p> <p>Chicken Street Tacos Shredded Cheese Sour Cream Texas Bean Salad Red Pepper Strips Churro Cake</p> <p><b>25</b></p>	<p><b>Wrap Day</b></p> <p>Crispy Chicken Bacon Ranch on WW Tortillas Chips Zesty Green Beans Baby Carrots</p> <p><b>26</b></p>	<p><b>Baked Potato Bar</b></p> <p>Choice of: Chili  or Buffalo Chicken Sour Cream Cheese Roasted Broccoli WW Dinner Roll</p> <p><b>27</b></p>	<p><b>Chicken Parmesan</b></p> <p>Crispy Chicken Marinara Sauce and Cheese Seasoned Rotini Garlic Breadstick Cheesy Cauliflower Tossed Salad</p> <p><b>28</b></p>
<p><b>Happy Halloween</b></p> <p>Ghoulash Served over Worms Monster Toes Warts and Brains Rattling Roll Goblin Brew  Holiday Dessert</p> <p><b>31</b></p>	<p><b>We are Hiring!</b> <b>1 regular part-time position open and Substitute Food Service Workers</b></p>			

Due to Food Supply Issues, menu may change at any time. Check out our Breakfast Menu! Hot and Cold Breakfast available daily with fruit, juice, and milk. Get Ready for Peace Love and School Lunch! Celebrate National School Lunch Week with us October 11<sup>th</sup> – 14<sup>th</sup>. Themed meals daily. Questions? You can contact the Food Service Director at 518-439-8885 ext 2118