



NOVEMBER 2022

Lunch \$3.25
Doubles \$1.75
Milk \$.60

= NYS product

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Bethlehem Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

Sampler Platter Day 1
Chicken Tenders and Mozzarella Sticks
Cheese Breadstick
Marinara and Dipping Sauce
Seasoned Green Beans
Baby Carrots

Wrap Day 2
Crispy Buffalo Chicken on WW Tortillas
Shredded Cheese Ranch
Cheesy Cauliflower
Sliced Cucumbers

National Sandwich Day 3
Cheeseburger Club
Broccoli with Dip
Roasted Herb Potatoes

Pizza Day 4
Cheese or Pepperoni
Roasted Brussel Sprouts
Tossed Salad
Chocolate Pudding

National Nacho Day 7
Cheeseburger Totchos
Ground Beef
Tater Tots Cheese Sauce
Topping Bar Sliced Cucumbers
Lucky Tray Day

Takeout Tuesday 8
General Tso
Rice Bowl
Stir Fry Vegetables
Red Pepper Strips
Mandarin Oranges

National Chicken Sandwich Day 9
Snake Bite Crispy Chicken Sandwich on a WW Roll
Pepper Jack Cheese
Chipotle Mayo
Baby Carrots Baked Chips

Pasta Bar 10
Penne Pasta
Seasoned Chicken
Alfredo or Marinara Sauce
Roasted Broccoli
Roasted Peppers and Onions

NO SCHOOL 11

All Beef Hot Dog 14
on a WW Roll
Oven Baked French Fries
Cherry Tomatoes

Taco Tuesday 15
Crispy Chicken Tacos
Shredded Cheese
Homemade Sauces
Texas Bean Salad
Cilantro Lime Rice
Sliced Cucumbers

Thanksgiving Celebration 16
Oven Roasted Turkey
Mashed Potatoes with Gravy
Stuffing Cranberry Sauce
Sweet Potato Casserole
Dessert

Homemade Chili 17
Shredded Cheese Sour Cream
Cinnamon Roll
Zesty Roasted Cauliflower
Baby Carrots
Lucky Tray Day

Pizza Day 18
Cheese or Pepperoni
Roasted Garlic Parmesan
Broccoli
Tossed Salad
Cookie

***New Item* 21**
WG Eggo Eggoji Waffles
Chicken Tenders
Pancake Syrup
Veggie Sticks
Hash Brown

Walking Tacos 22
Seasoned Ground Beef
WG Doritos
Sour Cream Cheese
Shredded Lettuce Tomato
Cheesy Refried Beans

NO SCHOOL 23

NO SCHOOL 24

NO SCHOOL 25

Chicken Patty Day 28
Plain, Spicy, or Parmesan on a WW Roll
Cheese Shredded Lettuce
Curly Fries
Seasoned Green Beans

Italian Food Day 29
Rotini with
Meat Sauce
Cheesy Garlic Bread
Roasted Broccoli
Honey Carrots

Cowboy Burger 30
Hamburger on a WW roll
Cheese Bacon Onion Ring
BBQ Sauce
Roasted Potatoes
Baby Carrots

We are Hiring Substitute Food Service Workers Apply Today!

Due to Food Supply Issues, menu may change at any time. Check out our Breakfast Menu! Hot and Cold Breakfast available daily with fruit, juice, and milk. Questions? You can contact the Food Service Director at 518-439-8885 ext 2118. Alternative lunches available and vary daily.

