

## **JANUARY 2023**

Bethlehem High School

Lunch \$3.50 Doubles \$1.75 Milk \$.60 = NYS product

## **Monday** Tuesday Wednesday **Thursday** Friday Chicken Patty Day **Brunch for Lunch** Pasta Bar Pizza Day Plain, Spicy, or Parmesan Sausage Egg and Cheese Penne Pasta Cheese, Pepperoni, NO on a WW Roll Breakfast Sandwich Roasted Chicken Variety of Toppings Cheese Shredded Lettuce Warm Cinnamon Apples Primavera or Carbonara Zesty Cauliflower **SCHOOL** Oven Baked Fries **Baby Carrots** Roasted Broccoli 3 Bean Salad **Roasted Carrots** Hash Brown Sliced Cucumbers Mac 'n' Cheese Bar \*New Item\* \*New Item\* **Chicken Fajitas** Pizza Day Seasoned Chicken Homemade Macaroni Boom Boom Chicken Cheese, Pepperoni, Sweet and Spicy Meatballs Sliders on WW Tortillas and Cheese on a Sub Roll Variety of Toppings Shredded Lettuce Tomato **Buttered Noodles** Shredded Cheese Salsa Choice of Buffalo Chicken or Roasted Brussel Sprouts Cheddar Cheese Zesty Green Beans Roasted Onions and Peppers Pulled Pork Caesar Salad Corn and Black Bean Salad BBQ Beans Broccoli Smile Fries **Baby Carrots** WW Dinner Roll Honey Roasted Carrots **Walking Tacos** Nat. Popcorn Day Sampler Platter Day Pizza Day Chicken Tenders and Breaded Popcorn Chicken Cheese, Pepperoni, Seasoned Ground Beef NO Mozzarella Sticks Mashed Potatoes Variety of Toppings WG Doritos Cheesy Breadstick Cheesy Broccoli Seasoned Corn Salsa Cheese **SCHOOL** Marinara and Dipping Sauce Tomato Cucumber Salad Gravy Shredded Lettuce Tomato Curly Fries Vanilla Pudding Popcorn Seasoned Black Beans Honey Roasted Carrots Nat. Southern Food Day **REGENTS REGENTS REGENTS REGENTS** Shrimp Po' Boy **WEEK WEEK WEEK WEEK** (Breaded Shrimp on a Sub Roll) Homemade Sauce Pickles **KITCHEN CLOSED** KITCHEN CLOSED KITCHEN CLOSED KITCHEN CLOSED Shredded Lettuce Tomato Oven Baked Fries Banana Pudding Korean **Gyros** Sliced Beef on Pita Bread Fried Chicken Bowl Tzatziki Sauce Crispy Chicken Jasmine Rice Homemade Sauce Kimchi Sliced Tomatoes & Cucumbers Roasted Broccoli Shredded Lettuce Shredded Carrots Mediterranean Bean Salad Oven Roasted Potatoes

Due to Food Supply Issues, menu may change at any time. Check out our Breakfast Menu! Hot and Cold Breakfast available daily with fruit, juice, and milk.

Questions? You can contact the Food Service Director at 518-439-8885 ext 2118

Alternative lunches available and vary daily.