



# FEBRUARY 2023

Lunch \$3.50  
Doubles \$1.75  
Milk \$.60

= NYS product



PAY FOR MEALS ONLINE

MySchoolBucks.com

## Bethlehem High School

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**Chicken Tikka Masala Rice Bowl** **1**  
Chicken in Tikka Masala Sauce  
Served over Jasmine Rice  
Roasted Sweet Potatoes  
Kachumber Salad  
Naan Bread

**Shrimp Po' Boy** **2**  
(Breaded Shrimp on a Sub Roll)  
Homemade Sauce Pickles  
Shredded Lettuce Tomato  
Oven Baked Fries  
Banana Pudding

**Pizza Day** **3**  
Assorted Variety Of Toppings  
Seasoned Green Beans  
Tossed Salad

**Brunch for Lunch** **6**  
Egg Bake  
Smile Fries  
Sweet Potato Hash  
Warm Cinnamon Apples

**Takeout Sampler** **7**  
Chicken Lo Mein  
Steamed Dumplings  
Egg Roll Fruit Juice Cup  
Roasted Broccoli with Garlic Sauce  
Smashed Cucumber Salad

**Nat. Potato Day** **8**  
Baked Potato Bar  
Pulled Pork or Buffalo Chicken  
Sour Cream Bacon  
Shredded Cheddar  
Roasted Broccoli

**New Item** **9**  
Patty Melt  
(Grilled Cheeseburger with Sautéed Onions)  
Oven Roasted French Fries  
Cucumber Tomato Salad

**Superbowl Celebration** **10**  
Assorted Variety of Pizza  
Boneless Wings  
Celery and Carrot Sticks  
Caesar Salad

**New Item** **13**  
Crispy Chicken Pesto Sandwich on a Ciabatta Roll  
Roasted Red Peppers  
Mozzarella Cheese  
Sweet Potato Fries

**Pasta Bar** **14**  
Penne Pasta   
Meat Sauce  
Roasted Broccoli, Onions and Peppers, Zucchini  
Cheesy Garlic Bread  
Baby Carrots Dessert

**Sampler Platter Day** **15**  
Chicken Tenders and Mozzarella Sticks  
Cheesy Breadstick  
Marinara and Dipping Sauce  
Curly Fries  
Seasoned Green Beans

**New Item** **16**  
Chicken or Vegetarian (Rice and Bean) Enchiladas  
Elotes (Corn Salad)  
Homemade Pico de Gallo

**Pizza Day** **17**  
Assorted Variety Of Toppings  
Roasted Cauliflower  
Tossed Salad

**NO SCHOOL** **20**

**NO SCHOOL** **21**

**NO SCHOOL** **22**

**NO SCHOOL** **23**

**NO SCHOOL** **24**

**Chicken Patty Day** **27**  
Plain, Spicy, or Parmesan on a WW Roll  
Cheese Shredded Lettuce  
Oven Baked Fries  
Steamed Peas

**Double Dogs** **28**  
All-Beef Hot Dogs on WW Rolls  
Michigan Sauce  
Sweet Potato Fries  
Melba Sauce  
BBQ Beans

Stop by the cafeteria on **Tuesday February 7<sup>th</sup>** to sample some yummy food from Yangs 5<sup>th</sup> Taste!



Due to Food Supply Issues, menu may change at any time. Check out our Breakfast Menu! Hot and Cold Breakfast available daily with fruit, juice, and milk.

Questions? You can contact the Food Service Director at 518-439-8885 ext 2118

Alternative lunches available and vary daily.

Join us the Week of January 30<sup>th</sup> – February 3<sup>rd</sup> for Food Cart Week, as we offer items typically found on food carts around the world.