

OCTOBER 2023

Elementary K-5 Lunch Menu

Lunch \$3.00
Doubles \$1.50
Milk \$.60

National School Lunch Week: Level UP w/School Lunch



Monday

French Toast Sticks **2**
Sausage Links & Potato Puffs
100% Orange Juice
Fruit Choice & Syrup Cup
NYS Milk

Columbus Day
No School

Cheeseburger on a Bun **16**
French Fries
Rainbow Pepper Sticks & Dip
Fruit Choice
NYS Milk

Grilled Cheese Sandwich **23**
Broccoli & Cheddar Soup
Goldfish Cracker & String Cheese
Fresh Fruit & Veggie Choice
NYS Milk

French Toast Sticks **30**
Yogurt Cup & Mini Hashbrowns
100% Orange Juice
Fruit Choice & Syrup Cup
NYS Milk

Tuesday

Pasta w/Marinara (Beef) **3**
Garlic Breadstick
Steamed Broccoli
Fruit Choice
NYS Milk

Tubular Beef Tacos **10**
(Refried Beans, Cheese Lettuce)
Yellow Corn
Salsa Cup & Sour Cream
Fruit Choice & **NYS Milk**

Cheesy Breadstick (2ea) **17**
with Marinara Sauce Cup
Fresh Veggie Cup
Fruit Choice
Cookie & **NYS Milk**

Taco Salad w/Chips **24**
(Taco Meat, Lettuce, Cheese)
Black Bean & Corn Salad
Salsa, Sour Cream, Fruit
Rice Crispy & **NYS Milk**

Mummy Dogs **31**
w/Tomato Soup
Fruit Choice & Fresh Veggie w/Dip
Dirt Pudding Cup
NYS Milk

Wednesday

Chicken & Waffles **4**
Sweet Potato Fries
Fresh Fruit & Veggie Choice
Grape Juice & Syrup Cup
NYS Milk

Slowpoke Sloppy Joe **11**
on a Blastoise Bun
Pac Man Smiley Fries 🤪
Peas & Carrots
Fruit Choice & **NYS Milk**

Chicken Nuggets **18**
Dinner Roll
Sweet Potato Tots
Green Beans & Fruit Choice
NYS Milk

Popcorn Chicken (12pc) **25**
Mashed Potatoes w/Chs & Gravy
Dinner Roll & Corn
Fruit Choice
NYS Milk

HAPPY HALLOWEEN!

Thursday

Hot Dog on a Bun **5**
Corn
Baked Beans
Fruit Choice
NYS Milk

Orange Chicken & Rice **12**
Yoshi's Egg Roll
Roasted Broccoli
Fruit Choice
NYS Milk

Chicken Alfredo Pasta **19**
Bread Stick
Steamed Broccoli
Fruit Choice
NYS Milk

Macaroni & Cheese **26**
Soft Baked Pretzel
Fresh Veggie Cup
Fruit Choice
NYS Milk

Friday

NO SCHOOL
SUPERINTENDANT'S DAY

Fire Flower **13**
Cheese Pizza
Steamed Mixed Vegetables
Princess Peach Cobbler 🍰
NYS Milk

Cheese Pizza **20**
Steamed Mixed Vegetables
Fruit Choice
NYS Milk

Cheese Pizza **27**
Steamed Mixed Vegetables
Fruit Choice
NYS Milk

October is National
Pretzel Month! 🥨

Monday: Muffin & Yogurt
Tuesday: Pizza Power Pack
Wednesday: Muffin & Yogurt
Thursday: Deli Sandwich (Turkey)
Friday: Cereal
Daily Alternative Meal Options: Hummus w/Tortilla Chips or PBJ
*All meals come with a fruit and choice of vegetable.



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Menu is Available Daily Upon Request (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider