

Middle School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

6
Corndog
Baked Potato Chips
Yogurt & Fresh Veggie Cup
Fruit Choice & 100% Juice
Milk Choice

7
Taco Salad w/Chips
(Taco meat, cheese, lettuce)
Black Bean & Corn Salad
Salsa & Sour Cream
Fruit, Rice Crispy, **Milk**

8
Chicken & Waffles
Sweet Potato Fries
Fresh Fruit & Veggie Choice
Grape Juice & Syrup Cup
Milk Choice

9
Cheese Pizza
Steamed Mixed Vegetables
Fruit Choice
Milk Choice

10
Veterans' Day
No School

13
Breakfast Griddler
Maple Pancake Sandwich
Smiley Fries & Syrup Cup
Fruit Choice & 100% Juice
Milk Choice

14
Macaroni & Cheese
Fresh Veggie Cup
Warm Cinnamon Apples
Fruit Choice
Cookie & **Milk Choice**

15
Chicken Nuggets
Garlic Breadstick
Fresh Veggie with Hummus
Fruit Choice & Apple Slices
Milk Choice

16
Thanksgiving @ School
Chicken & Gravy over
Buttery Mashed Potatoes
Dinner Roll, Green Beans
Craisins, Apple Crisp, **Milk**

17
Cheese Pizza
Steamed Mixed Vegetables
Fruit Choice
Milk Choice

20
Ham & Cheese Croissant
Tomato Soup & Veggie Choice
Goldfish Crackers
String Cheese & Fruit
Milk Choice

21
Ultimate Nachos
(Cheese Sauce & Refried Bean)
Rainbow Pepper Sticks
Salsa Cup & Sour Cream
Fruit Choice & **Milk Choice**

22
Thanksgiving Break
No School

23
Thanksgiving Day
No School

24
Thanksgiving Break
No School

27
Cheeseburger on a Bun
Baked Potato Chips
Cucumber/Carrot Sticks
Fruit Choice & Juice Cup
Milk Choice

28
National French Toast Day
French Toast Sticks
w/Sausage Links
Hash Brown & OJ
Fruit, Syrup, **Milk Choice**

29
Chicken Nuggets
Garlic Breadstick
Yogurt & Green Beans
Fruit Choice
Milk Choice

30
Grilled Chicken Alfredo
Dinner Roll
Roasted Broccoli
Fruit Choice
Milk Choice



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Menu is Available Daily Upon Request (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider