

**Harvest of the Month: Maple Syrup**  
 Cornell Cooperative Extension (CCE) will be providing education about maple syrup at each elementary school during the month of March.

# MARCH 2024

## Elementary Lunch Menu

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE  
 MySchoolBucks.com

Lunch \$3.00  
 Doubles \$1.50  
 Milk \$0.60

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Daily Alternative Meal Options: Hummus w/Tortilla Chips or PBJ  
**Monday:** Muffin & Yogurt  
**Tuesday:** Pizza Power Pack  
**Wednesday:** Muffin & Yogurt  
**Thursday:** Deli Sandwich (Turkey)  
**Friday:** Cereal, Grahams & String Cheese  
 \*All meals come with a fruit, vegetable & milk choice.



**Pizza Day 1**  
 Cheese or Pepperoni  
 Garden Salad  
 Fruit Choice & **Milk Choice**  
 CCE at Hamagrael

**Chicken & Waffles 4**  
 Home Fries  
 Fruit Choice & Syrup Cup  
**Milk Choice**

**Pasta with Meat Sauce 5**  
 Broccoli & Garlic Breadstick  
 Orange Slices  
**Milk Choice**

**Grilled Cheese 6**  
 Tomato Soup & Goldfish  
 Crispy Chickpeas  
 Cinnamon Applesauce  
**Milk Choice**

**Macaroni & Cheese 7**  
 Soft Pretzel Stick  
 Cucumber Slices & Dip  
 Apple Slices & **Milk Choice**  
 CCE at Glenmont

**Pizza Day 8**  
 Cheese or Pepperoni  
 Caesar Salad  
 Fruit Choice  
**Milk Choice**

**Egg & Cheese Croissant 11**  
 Tator Tots  
 Fruit Choice  
**Milk Choice**

**Chicken Nuggets 12**  
 Mashed Potatoes  
 Cucumber Slices & Dip  
 Strawberry Cup  
**Milk Choice**

**Ultimate Nacho 13**  
 (taco meat, cheese sauce, salsa, sour cream)  
 Corn & Baby Carrots  
 Applesauce & **Milk Choice**  
 CCE at Eagle

**Pizza Day 14**  
 Cheese or Pepperoni  
 Garden Salad  
 Fruit Choice & **Milk Choice**  
 \*Lucky Tray Day\*

**Conference Day 15**  
 No School

**Waffles 18**  
 Home fries  
 Lucky Rainbow Yogurt Parfait  
 Fruit Choice & Syrup Cup  
**Milk Choice**

**Crispy Chicken Sandwich 19**  
 French Fries  
 Zesty Chickpea Salad  
 Orange Slices  
**Milk Choice**

**Soft Tacos (2 ea) 20**  
 (taco meat, cheese, salsa, sour cream)  
 Corn & Red Pepper Sticks  
 Fruity Jell-O & **Milk**

**Chicken Nuggets 21**  
 Smiley French Fries  
 Cucumber Slices & Dip  
 Apple Slices & **Milk Choice**  
 CCE at Elsmere

**Pizza Day 22**  
 Cheese or Pepperoni  
 Garden Salad  
 Fruit Choice  
**Milk Choice**

**French Toast Sticks 25**  
 Sausage Links & Tator Tots  
**Maple Syrup**  
 Fruit Choice & **Milk Choice**  
 \*Lucky Tray Day\*

**Cheeseburger on a Bun 26**  
 Baked Potato Chips  
 Rainbow Pepper Sticks & Dip  
 Strawberry Cup  
**Milk Choice**

**Chicken & Cheese Quesadilla 27**  
 Salsa Cup & Sour Cream  
 Corn & Baby Carrots  
 Apple Sauce & **Milk Choice**

**Pizza Day 28**  
 Cheese or Pepperoni  
 Caesar Salad  
 Fruit Choice & **Milk Choice**  
 CCE at Slingerlands

**No School 29**  
 Winter Recess

Local maple syrup from Mountain Wind Farm

We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

Pork Free Menu is Available Daily Upon Request (turkey alternatives)

Menu is subject to change, notice posted when available. The institution is an equal opportunity provider.

