

Daily Entrée Options:

Salad of the Day

Sandwich of the Day

Hot Grab n Go

Eagle Snacks: BC Bistro Box, PB & J, Snacks, Drinks

BC Blends: BC Bistro Box, Yogurt, Bagels, Coffee, Tea, Snacks

Meal Pricing:

Lunch: \$3.50

Milk: \$0.60

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SEPTEMBER
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MENU

HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Labor Day No School 2	Conference Day No School 3	Conference Day No School 4	Crispy Chicken Sandwich Waffle Fries Fresh Veggies & Fruit 5	Pepperoni or Cheese Pizza Garden Salad Fresh Veggies & Fruit 6
Bistro Cheeseburger (plain, cheese or bacon) Seasoned Curly Fries Mini Choc Chip Cookies Fresh Veggies & Fruit 9	Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Refried Beans & Corn Mango Peach Applesauce Fresh Veggies & Fruit 10	BC Bowl Popcorn Chicken, Mashed Potato, Gravy, Corn Corn Muffin Fresh Veggies & Fruit 11	Macaroni & Cheese Bar w/ Pulled Pork Garlic Breadstick & Broccoli Fresh Veggies & Fruit 12	Pepperoni or Cheese Pizza Caesar Salad Fresh Veggies & Fruit 13
Philly Cheesesteak Sub Peppers & Onions Roasted Potato Wedge Fresh Veggie & Fruit 16	Chicken & Waffles Hashbrown Fresh Veggie & Fruit Syrup Cup 17	BBQ Chicken Pasta Salad Baked Beans Corn on the Cob  Fresh Veggies & Fruit 18	Pineapple Teriyaki Chicken Fried Rice & Dumplings Steamed Broccoli Fresh Veggies & Fruit 19	Pepperoni or Cheese Pizza Garden Salad Fresh Veggies & Fruit 20
Ham & Cheese Croissant Broccoli Cheddar Soup Green Beans Fresh Veggies & Fruit 23	Sampler Platter (Chicken Wings & Mozz Sticks) French Fries Warm Garlic Knot Fresh Veggies & Fruit 24	Pulled Pork Sandwich Crunchy Broccoli Slaw Fresh Veggies Fruit 25	Pasta Alfredo with Chicken Warm Garlic Knot Peas & Carrots Fresh Veggies & Fruit 26	Pepperoni or Cheese Pizza Caesar Salad Fresh Veggies & Fruit 27
Crispy Chicken Sandwich (w/ pickles and special sauce) Seasoned Waffle Fries Fresh Veggies & Fruit 30	1	2	3	4

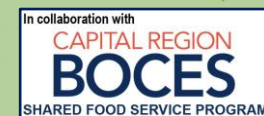
View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



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