

Cornell Cooperative Extension (CCE)

will be visiting each school in the month
of November to provide lunchtime
education about the Harvest of the
Month: **Dairy**

MENU

Middle School Lunch Menu

Daily Entrée Options:

PB & J Uncrustables
Hummus & Tortilla Chips
Rotation Deli Sandwich
Yogurt Parfait

NOVEMBER

Pricing:

Lunch: \$3.25
Milk: \$.60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Cheese Pizza Garden Salad Blue Raspberry Applesauce Cup
Rotini with Meat Sauce (beef) Garlic Breadstick Steamed Green Beans Baby Carrots & Dip	French Toast Sticks Turkey Sausage Links Home Fries & Syrup Pepper Sticks & Dip	Chicken Nuggets Warm Garlic Knot Tortellini Pasta Salad Cucumbers with Hummus	Toasted Cheese Croissant Tomato Soup Goldfish Cracker String Cheese & Fresh Veggie	Cheese Pizza Garden Salad Chocolate Chip Cookies
No School Veterans' Day	Macaroni & Cheese Warm Cinnamon Pears Roasted Broccoli Pepper Sticks & Dip	Cheesy Breadsticks w/Marinara Sauce Breaded Broccoli Bites Cucumbers with Hummus Yogurt Cup	Roast Chicken Buttery Mashed Potatoes Dinner Roll, Green Beans, Pumpkin Pie Parfait Fresh Veggie & Dip	Cheese Pizza Garden Salad Mango Peach Applesauce Cup
Pancakes Cheese Omelet Sweet Potato Tater Tot Baby Carrots & Dip Syrup	Taco Quesadilla (Turkey Taco Meat & Cheese) Salsa & Sour Cream Cowboy Caviar Pepper Sticks & Dip	Chicken Nuggets Sunrise Waffle & Syrup Emoji French Fries Cucumbers with Hummus	Pasta with Meatballs Garlic Knot Peas & Carrots Fresh Veggie & Dip *CCE at Middle School*	Cheese Pizza Garden Salad Cinnamon Bear Grahams
Cheeseburger Potato Wedge Baby Carrots & Dip Chocolate Chip Cookies	Pizza Crunchers w/ Marinara Sauce Garlic Breadstick & Broccoli Pepper Sticks with Dip	No School Thanksgiving Break	No School Thanksgiving	No School Thanksgiving Break

View Menus Online



Menu nutrition, including carbohydrate
counts, and specialty menu information can
be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety
of fresh fruit, vegetables and
low-fat white or flavored milk.

This institution is an equal opportunity employer.

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

