

Pricing:
Lunch: \$3.25
Milk: \$.60



BETHLEHEM
CENTRAL

MENU


ELEMENTARY LUNCH

This month's local Eggs
are from Newburg Egg
(the omelet is made by
Kay Foods in Albany NY)

JANUARY



Daily Entrée Options:
PB & J Uncrustables
Hummus & Tortilla Chips

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | | No School 1 New Years Day | Chicken Nuggets 2 Mashed Potatoes Steamed Peas & Carrots Cocoa Brownie Bar | Cheese or Pepperoni Pizza 3 Garden Salad Blue Raspberry Applesauce Cup |
| Rotini with Meat Sauce 6 Garlic Breadstick Seasoned Green Beans Baby Carrots & Dip | Chicken & Waffles 7 Emoji French Fries & Cucumber Slices Fruit Smoothie/Syrup Cup | Ultimate Nachos 8 (seasoned turkey & nacho cheese) Salsa & Sour Cream Yellow Corn & Black Beans Rainbow Pepper Sticks <i>*Lucky Tray Day*</i> | Macaroni & Cheese 9 Yogurt Cup & Granola Steamed Broccoli Fresh Veggies & Hummus Dip | Cheese or Pepperoni 10 Pizza Garden Salad Vanilla Emoji Grahams |
| Pancakes (w/syrup) 13 Hash Brown Yogurt Cup Baby Carrots & Dip | Chicken Tenders 14 Crinkle Fries Cucumber Slices Corn Muffin Warm Cinnamon Pears | Cheesy Breadsticks 15 with Marinara Sauce Breaded Broccoli Bites Fresh Veggie w/Hummus Mini Rice Crispy Treat | Soft Tacos (2) 16 (seasoned turkey, cheese, salsa, sour cream) Tortilla Chips w/Bean Dip Yellow Corn | Cheese or Pepperoni 17 Pizza Garden Salad Strawberry Applesauce Cup |
| No School 20 MLK Jr Day | Toasted Cheese 21 Croissant Tomato Soup Steamed Peas & Carrots Cucumber Slices | French Toast Sticks 22 Cheese Omelet Harvest Home Fries of the Syrup Cup  Month | Chicken Nuggets 23 Warm Garlic Knot Emoji French Fries Seasoned Green Beans Fresh Veggie w/Hummus | Cheese or Pepperoni 24 Pizza Garden Salad Cinnamon Scooby Doo Grahams |
| Cheeseburger 27 French Fries Baby Carrots Winter Berry Fruit Salad | Wild Mike's Cheesy 28 Bites w/Marinara Sauce Breaded Broccoli Bites Cucumbers w/Hummus Choc Chip Cookie | No School 29 Lunar New Year | Sweet & Sour Chicken 30 Fried Rice & Dumplings Steamed Broccoli Fresh Veggies & Dip <i>*Lucky Tray Day*</i> | Cheese or Pepperoni 31 Pizza Garden Salad Mango Peach Applesauce Cup |

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

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In collaboration with
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