



BETHLEHEM  
CENTRAL

# MENU

## 6-8 LUNCH


### Daily Alternate Entrée Options:

PB & J Uncrustables  
Hummus & Tortilla Chips  
Fruit & Granola Parfait  
Turkey Sub or Chicken Wrap

JUNE

### Pricing:

Lunch: \$3.50  
Milk: \$.60

<b>Chicken Nuggets</b> 2 Dinner Roll Mashed Potatoes Sweet Corn Assorted Fruit	<b>Soft Tacos (2)</b> 3 (seasoned turkey meat, cheese, lettuce) Salsa & Sour Cream Tex-Mex Black Beans Assorted Fruit	<b>French Toast Sticks</b> 4 Turkey Sausage Home Fries Syrup Cup Assorted Fruit	<b>Mac &amp; Cheese</b> 5 Corn Muffin Cucumbers & Dip Warm Cinnamon Apples	<b>Pizza Day</b> 6 <b>Cheese or Pepperoni</b> Garden Salad Applesauce Cup
<b>Cheesy Breadsticks with Marinara Sauce</b> 9 Steamed Broccoli Fresh Veggies w/ Dip Assorted Fruit	<b>Breakfast Sandwich</b> 10 (Egg & Cheese or Turkey Sausage, Egg, & Cheese) Hash Browns Fresh Veggies w/ Dip Assorted Fruit	<b>Popcorn Chicken Bites</b> 1 <b>Mozzarella Sticks</b> 1 Marinara Sauce Crinkle Cut French Fries Fresh Veggies w/ Dip	<b>Hot Dog on a Bun</b> 12 Baked Chips Watermelon Wedge Fresh Veggies w/ Dip	<b>Pizza Day</b> 13 <b>Cheese or Pepperoni</b> Garden Salad Assorted Fruit
<b>Pizza Crunchers</b> 16 Steamed Broccoli Fresh Veggies w/Hummus Assorted Fruit	<b>Ultimate Nachos</b> 17 (seasoned turkey, cheese sauce, corn chips) Salsa & Sour Cream Sweet Corn	 <b>Crispy Chicken Sandwich</b> 18 Sweet Potato Fries <b>Fresh Strawberries</b> Harvest of the Month Cucumber Slices	<b>No School</b> 19 Juneteenth	<b>Pizza Day</b> 20 <b>Cheese or Pepperoni</b> Garden Salad Peach Applesauce Cup
<b>Hot Dog on Bun (beef)</b> 23 Crinkle Cut French Fries Fresh Veggie w/Hummus Assorted Fruit	<b>Chicken Nuggets</b> 24 Garlic Texas Toast Emoji Fries Fresh Veggie w/ Dip Assorted Fruit	<b>6-8 Half-Day</b> 25 <b>Breakfast Only. No Lunch</b>	<b>Last Day 6-8</b> 26 <b>Half-Day Breakfast Only. No Lunch</b>	<b>27</b>

Have a GREAT SUMMER

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION**  
**BOCES**  
SHARED FOOD SERVICE PROGRAM



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