

## Whole Grain Breaded **Broccoli Nuggets**



<b>⋘ K-12</b>	
BRAND:	Chow & Ciac
SKU/UPC:	CWGBBN25 / 658448235661
CASE COUNT:	25 lb. / c
MASTER PACK:	Case
NET CASE WEIGHT:	400 oz. (25 lb.)
GROSS CASE WEIGHT:	27.35 lb
PALLET PATTERN TxH:	7x8 (56 cases/pallet
SERVING SIZE:	4 Nuggets/2.20 oz
SERVINGS PER CASE:	182
SHELF LIFE FROM MANUFACTURER:	547 Days
STORAGE METHOD:	KEEP FROZEN
CASE DIMENSIONS:	20Lx13.5Wx6.75H

NATIONAL SCHOOL **LUNCH PROGRAM** 

м/ма	GRAIN	VEG/FRUIT CUPS
-	1	1/2

**Facts** 

Serving size

Calories

182 servings per

4 Nuggets - 2 .20 oz. (62g)

Simply made with 100% real ingredients! These breaded broccoli nuggets are coated with a crispy whole wheat breading, stuffed with a perfectly seasoned filling, and are packed with nutrients and tons of delicious flavor.

## TIPS & HANDLING

Storage Instructions

Keep frozen at 10 °F or below.

## **Heating Instructions**

Heating times may vary as all equipment is different. Product should reach 165°F before consuming.

Conventional Oven: Preheat your oven to 400°F. Place the broccoli nuggets in a single layer and bake for 13-15 minutes or until they turn hot and golden brown. Deep Fryer: Preheat your fryer to 375°F. Fry them for 2-3 minutes until they become

After frying, drain them on paper towels or a wire rack. Allow them to cool down before

## **PRODUCT INGREDIENTS & ALLERGENS**

Broccoli, Bread Crumbs (Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Soybean Oil (As Rocessing Aid), Salt, Extractives Of Paprika), Water, Bread Crumbs (Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As A Processing Aid)), Potatoes, Batter (Whole Wheat Flour, Rice Flour, Yellow Corn Flour, Salt, Spice, Paprika, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Sugar, Sodium Alginate, Soybean Oil (As A Processing Aid), Xanthan Gum), Modified Food Starch, Canola/Soybean Oil, Modified Food Starch, Less Than 2% Of: Salt, Oregano, Black Pepper, Basil.



N	utrition	Amount/serving
	1	1/2
	UNAIN	VEG/FRUIT GUPS

Daily Value\* Amount/serving % Daily Value Total Fat 3.5g 4% Total Carbohydrate 24g Saturated Fat 0 g Dietary Fiber 3g Trans Fat 0g Total Sugars <1g 0% Cholesterol 0mg 0% Includes 0g Added Sugars 12% Protein 4g Sodium 270mg

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 1.3mg 8% • Potassium 190mg 4%

CONTAINS: WHEAT, SOY MAY CONTAIN: EGG





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