



# Whole Grain Breaded Onion Rings



BRAND:	Chow & Ciao
SKU/UPC:	CWGBOR20 / 658448234060
CASE COUNT:	20 lb. /cs
MASTER PACK:	Case
NET CASE WEIGHT:	320 oz. (20 lb.)
GROSS CASE WEIGHT:	22.35 lb.
PALLET PATTERN TxH:	7x9 (63 cases/pallet)
SERIAL SIZE:	2.25 oz.
SERVINGS PER CASE:	142
SHELF LIFE FROM MANUFACTURER:	547 Days
STORAGE METHOD:	KEEP FROZEN
CASE DIMENSIONS:	20Lx13.5Wx6.75H

## NATIONAL SCHOOL LUNCH PROGRAM

M/MA	GRAIN	VEG/FRUIT CUPS
-	1	1/4

Sweet onions covered in whole wheat breading and perfected to a golden color.

### TIPS & HANDLING

#### Storage Instructions

Keep frozen at 10 °F or below.

#### Heating Instructions

Heating times may vary as all equipment is different. Product should reach 165°F before consuming.

**Convection Oven:** Preheat oven to 375°F. Place frozen pieces in a layer on a baking sheet. Bake for 5 minutes. Flip after 5 minutes, and continue to bake for 6-8 minutes.

**Conventional Oven:** Preheat oven to 425°F. Place frozen pieces in a layer on a baking sheet. Bake for 7 minutes. Flip after 7 minutes, and continue to bake for 6-8 minutes.

**Deep Fryer:** Preheat oil to 350°F. Add onion rings and cook for 2 minutes. Take out and drain on paper towels or a wire rack.

### PRODUCT INGREDIENTS & ALLERGENS

Onions, Bread Crumbs (Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Soybean Oil (As A Processing Aid)), Water, Bread Crumbs (Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Soybean Oil (As Processing Aid), Salt, Extractives Of Paprika), Batter (Whole Wheat Flour, Rice Flour, Yellow Corn Flour, Salt, Spice, Paprika, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Sugar, Sodium Alginate, Soybean Oil (As A Processing Aid), Xanthan Gum), Canola/Soybean Oil, Less Than 2% Of: Salt, Oregano, Black Pepper, Basil.



Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
About 142 servings per container		<b>Total Fat</b> 3.5g	<b>4%</b>	<b>Total Carbohydrate</b> 20g	<b>7%</b>
Serving size 2.25 oz. (64g)		Saturated Fat 0g	0%	Dietary Fiber 3g	11%
		Trans Fat 0g		Total Sugars 2g	
		<b>Cholesterol</b> 0mg	<b>0%</b>	Includes 0g Added Sugars	0%
		<b>Sodium</b> 180mg	<b>8%</b>	<b>Protein</b> 3g	
<b>Calories per serving</b> 120		Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 1.2mg 6% Potassium 120mg 2%			

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**CONTAINS: WHEAT**  
**MAY CONTAIN: EGG, SOY**

