

Harvest of the Month: Tomatoes

Daily Alternate Entrée Options:

PB & J Uncrustable

Rotating Sandwich

*Deli Turkey is halal

Rotating Salad

Chicken Sandwich or Pizza Crunchers



MENU

9-12 LUNCH

Pricing:

All students are eligible for
ONE FREE lunch per day.

Snacks & second meals cost
money.

SEPTEMBER

Menu items highlighted in blue are **halal-friendly**. While we make every effort to use halal ingredients, please be advised that our kitchen is **not officially certified halal**.

Labor Day No School	1	Conference Day No School	2	Conference Day No School	3	Crispy Chicken Sandwich w/ Special Sauce & Pickles Sweet Potato Fries Fresh Fruit & Veggies	4	Pizza Day Cheese or Pepperoni Caesar Salad Fresh Fruit & Veggies	5
Crispy Chicken Tenders with assorted dipping sauces Pesto Pasta & Dinner Roll Peas & Carrots Fresh Fruit & Veggies	8	Ultimate Nachos (Beef or Black Beans) Salsa & Sour Cream, Olives, Jalapenos, Street Corn Salad Mango Peach Applesauce	9	Bistro Cheeseburger (plain or cheese) Lettuce, Tomato, Onion NY Breaded Onion Rings Crunchy Coleslaw	10	Gen Tso Chicken Fried Rice & Veg Egg Roll Broccoli, Fortune Cookie Fresh Fruit & Veggies	1	Pizza Day Cheese or Pepperoni Garden Salad Fresh Fruit & Veggies	12
Rotini with Meat Sauce Garlic Texas Toast Green Beans Warm Cinnamon Pears Fresh Fruit & Veggies	15	Chicken & Waffles Crispy Drumstick & Waffles Home Fries & Syrup Fresh Fruit & Veggies	16	Double Hot Dog Day (beef) French Fries Sweet Corn & Tomato Salad	17	Mac & Cheese Bar w/ Buffalo Chicken Breadstick & Broccoli Fresh Fruit & Veggies	18	Pizza Day Cheese or Pepperoni Caesar Salad Fresh Fruit & Veggies	19
BC Bowl (popcorn chicken, mashed potatoes, gravy, cheese) Corn & Dinner Roll Fresh Fruit & Veggies	22	Rosh Hashanah No School	23	Sampler Platter (boneless wings & mozzarella sticks) Warm Garlic Knot Fresh Veggies with Hummus	24	Tortellini Alfredo with Chicken Garlic Breadstick Broccoli Fresh Fruit & Veggies	25	Pizza Day Cheese or Pepperoni Garden Salad Fresh Fruit & Veggies	26
Crispy Chicken Tenders with assorted dipping sauces Sweet Potato French Fries Baked Beans Fresh Veggie w/Hummus	29	Cheesy Empanada (Salsa & Sour Cream) Street Corn Salad Fiesta Rice Fresh Fruit & Veggies	30						

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



BETHLEHEM
CENTRAL

