

Pricing:

All students are eligible for **ONE FREE breakfast** per day.
A la carte & second meals cost money.

MENU

K-5 BREAKFAST

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SEPTEMBER
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Labor Day No School	1	Conference Day No School	2	Conference Day No School	3	Waffles 100% Fruit Juice & Fruit Choice of Milk	4	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	5
Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	8	Super Bakery Bread 100% Fruit Juice & Fruit Choice of Milk	9	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	10	Waffles 100% Fruit Juice & Fruit Choice of Milk	11	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	12
Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	15	Super Bakery Bread 100% Fruit Juice & Fruit Choice of Milk	16	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	17	Waffles 100% Fruit Juice & Fruit Choice of Milk	18	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	19
Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	22	Rosh Hashanah No School	23	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	24	Waffles 100% Fruit Juice & Fruit Choice of Milk	25	Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	26
Assorted Breakfast Cereal Whole Grain Grahams 100% Fruit Juice & Fruit Choice of Milk	29	Super Bakery Bread 100% Fruit Juice & Fruit Choice of Milk	30						

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

linqconnect.com

**All breakfast meals include
fresh fruit, 100% fruit juice,
and low-fat white or
flavored milk.**

