

Daily Alternate Entrée Options:

- PB & J Uncrustable
- Rotating Sandwich
- \*Deli Turkey is halal
- Rotating Salad
- Chicken Sandwich or Pizza Crunchers



MENU

9-12 LUNCH

**Pricing:**  
All students are eligible for ONE FREE lunch per day.  
Snacks & second meals cost money.

**OCTOBER**

Menu items highlighted in blue are **halal-friendly**. While we make every effort to use halal ingredients, please be advised that our kitchen is **not officially certified halal**.

<b>October 13<sup>th</sup>-17<sup>th</sup> is National School Lunch Week</b> Join us in Eating Global Flavors!	<b>Harvest of the Month NY Apples</b> October 15 <sup>th</sup> 	<b>Mac &amp; Cheese Bar</b> 1 w/BBQ Chicken Breadstick & Broccoli Fresh Fruit/Veggie	<b>No School Yom Kippur</b> 2	<b>Pizza Day</b> 3 <b>Cheese or Pepperoni</b> Caesar Salad Fresh Fruit/Veggies
<b>Grilled Chicken Wrap</b> 6 (Buffalo or Caesar) Lettuce & Shredded Cheese French Fries Fresh Fruit/Veggies	<b>Taco Salad w/Chips</b> 7 (beef, black beans, cheese, lettuce) Salsa Cup & Sour Cream Olives, Jalapenos, Corn Fresh Fruit/Veggies	<b>Crispy Chicken Tenders</b> 8 with assorted dipping sauces Sweet Potato Tots Tortellini Pasta Salad Fresh Veggie w/Hummus	<b>Hot &amp; Spicy Crispy Chicken Sandwich (Lettuce &amp; Tomato)</b> 9 <b>Tater Tots</b> Fresh Fruit/Veggies	<b>Pizza Day</b> 10 <b>Cheese or Pepperoni</b> Garden Salad Fresh Fruit/Veggies
<b>No School</b> 13 Columbus/ Indigenous Peoples Day	<b>Gen Tso Chicken</b> 14 Fried Rice & Veg Egg Roll Steamed Broccoli Fortune Cookie Fresh Fruit/Veggies	<b>Beef Gyro w/Tzatziki</b> 15 French Fries Tangy Cucumber Salad <b>Fresh NY Apple</b> Fresh Fruit/Veggies 	<b>Chicken Tinga Nachos</b> 16 Salsa & Sour Cream Olives, Jalapenos Mexican Street Corn Salad Fresh Fruit/Veggies	<b>Pizza Day</b> 17 <b>Cheese or Pepperoni</b> Caesar Salad Fresh Fruit/Veggies
<b>No School Conference Day</b> 20	<b>Sampler Platter</b> 21 Boneless Wings & Mozz Sticks Warm Garlic Knot Fresh Veggies with Hummus Fresh Fruit/Veggies	<b>Pasta with Meatballs</b> 22 Marinara Sauce & Parmesan Cheese Garlic Knot & Broccoli Fresh Fruit/Veggies <i>*meatballs are chicken</i>	<b>BC Bowl</b> 23 (popcorn chicken, mashed potatoes, gravy, cheese) Sweet Corn/Dinner Roll Fresh Fruit/Veggies	<b>Pizza Day</b> 24 <b>Cheese or Pepperoni</b> Garden Salad Fresh Fruit/Veggies
<b>Bistro Cheeseburger</b> 27 (plain or Cheese) Lettuce, Tomato, Onion <b>NY Breaded Onion Rings</b> Fresh Fruit/Veggies	<b>BC Breakfast</b> 28 Sunrise Waffles <b>Chicken Sausage</b> Home Fries Fresh Fruit/Veggies	<b>Crispy Chicken Tenders</b> 29 w/assorted dipping sauces French Fries Tomato & Cucumber Salad Fresh Fruit/Veggies	<b>Soft Tacos (2)</b> 30 (seasoned beef, black beans, lettuce, cheese) Salsa & Sour Cream, Corn Fresh Fruit/Veggies	<b>Pizza Day</b> 31 <b>Cheese or Pepperoni</b> Caesar Salad Fresh Fruit/Veggies <b>Halloween Dirt Pudding Cup</b> 

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



BETHLEHEM CENTRAL

