

Daily Alternate Entrée Options:
PB & J Uncrustable
Rotating Sandwich
**Deli Turkey is halal*
Rotating Salad
Chicken Sandwich or Pizza Crunchers



MENU

9-12 LUNCH

Pricing:
All students are eligible for **ONE FREE lunch per day.**
Snacks & second meals cost money.

OCTOBER

Menu items highlighted in blue are **halal-friendly**. While we make every effort to use halal ingredients, please be advised that our kitchen is **not officially certified halal**.

October 13th-17th is National School Lunch Week Join us in Eating Global Flavors!	Harvest of the Month NY Apples October 15 th 	Mac & Cheese Bar 1 w/BBQ Chicken Breadstick & Broccoli Fresh Fruit/Veggie	No School Yom Kippur 2	Pizza Day 3 Cheese or Pepperoni Caesar Salad Fresh Fruit/Veggies
Grilled Chicken Wrap 6 (Buffalo or Caesar) Lettuce & Shredded Cheese French Fries Fresh Fruit/Veggies	Taco Salad w/Chips 7 (beef, black beans, cheese, lettuce) Salsa Cup & Sour Cream Olives, Jalapenos, Corn Fresh Fruit/Veggies	Crispy Chicken Tenders 8 with assorted dipping sauces Sweet Potato Tots Tortellini Pasta Salad Fresh Veggie w/Hummus	Hot & Spicy Crispy Chicken Sandwich (Lettuce & Tomato) 9 Tater Tots Fresh Fruit/Veggies	Pizza Day 10 Cheese or Pepperoni Garden Salad Fresh Fruit/Veggies
No School 13 Columbus/ Indigenous Peoples Day	Gen Tso Chicken 14 Fried Rice & Veg Egg Roll Steamed Broccoli Fortune Cookie Fresh Fruit/Veggies	Beef Gyro w/Tzatziki 15 French Fries Tangy Cucumber Salad Fresh NY Apple Fresh Fruit/Veggies 	Chicken Tinga Nachos 16 Salsa & Sour Cream Olives, Jalapenos Mexican Street Corn Salad Fresh Fruit/Veggies	Pizza Day 17 Cheese or Pepperoni Caesar Salad Fresh Fruit/Veggies
No School Conference Day 20	Sampler Platter 21 Boneless Wings & Mozz Sticks Warm Garlic Knot Fresh Veggies with Hummus Fresh Fruit/Veggies	Pasta with Meatballs* 22 Marinara Sauce & Parmesan Cheese Garlic Knot & Broccoli Fresh Fruit/Veggies <i>*meatballs are chicken</i>	BC Bowl 23 (popcorn chicken, mashed potatoes, gravy, cheese) Sweet Corn/Dinner Roll Fresh Fruit/Veggies	Pizza Day 24 Cheese or Pepperoni Garden Salad Fresh Fruit/Veggies
Bistro Cheeseburger 27 (plain or Cheese) Lettuce, Tomato, Onion NY Breaded Onion Rings Fresh Fruit/Veggies	BC Breakfast 28 Sunrise Waffles Turkey Sausage Home Fries Fresh Fruit/Veggies	Crispy Chicken Tenders 29 w/assorted dipping sauces French Fries Tomato & Cucumber Salad Fresh Fruit/Veggies	Soft Tacos (2) 30 (seasoned beef, black beans, lettuce, cheese) Salsa & Sour Cream, Corn Fresh Fruit/Veggies	Pizza Day 31 Cheese or Pepperoni Caesar Salad Fresh Fruit/Veggies Halloween Dirt Pudding Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



BETHLEHEM CENTRAL

