

Daily Alternate Entrée Options:

PB & J Uncrustable

Rotating Sandwich

***Deli Turkey is halal**

Rotating Salad

Chicken Sandwich or Pizza Crunchers

MENU

9-12 LUNCH

Harvest of the

Month:

EGGS

January 12th

JANUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			No School Holiday Break ¹	No School Holiday Break ²
Crispy Chicken Tenders ⁵ with assorted dipping sauces Pesto Parmesan Pasta Seasoned Green Beans Assorted Fresh Fruits & Veggies	Ultimate Nachos ⁶ Seasoned Beef & Cheese Sauce Salsa & Sour Cream ,Olives, Jalapenos, Cowboy Caviar Assorted Fresh Fruits & Veggies	Sampler Platter ⁷ (Boneless Wings, Mozzarella Sticks) Seasoned Potato Wedge Assorted Fresh Fruits & Veggies	Turkey Dinner ⁸ Buttery Mashed Potatoes Peas & Carrots Dinner Roll, Gravy Assorted Fresh Fruits & Veggies	Pizza Day ⁹ Cheese or Pepperoni Caesar Salad Assorted Fresh Fruits & Veggies
BC Breakfast ¹² Egg & Cheese on Biscuit (Choice of bacon or sausage) Hash Brown & NYS Apple Juice	Chicken Tinga Tacos (2) ¹³ (Seasoned Chicken, Cheese, Shredded Lettuce) Salsa & Sour Cream Roasted Corn & Black Beans	Bistro Cheeseburger ¹⁴ (plain or cheese) Lettuce, Tomato, Onion NY Breaded Onion Rings* Crunchy Coleslaw Fresh Fruits & Veggies w/ Hummus	Spicy Chicken Sandwich ¹⁵ Waffle Fries Tomato & Cucumber Salad Assorted Fresh Fruits & Veggies	Pizza Day ¹⁶ Cheese or Pepperoni Caesar Salad Assorted Fresh Fruits & Veggies
No School MLK Jr Day ¹⁹	Regents Week ²⁰ Breakfast & Lunch Available	Regents Week ²¹ Breakfast & Lunch Available	Regents Week ²² Breakfast & Lunch Available	Regents Week ²³ Breakfast & Lunch Available
Mac & Cheese Bar ²⁶ w/ Buffalo Chicken Garlic Bread & Broccoli Assorted Fresh Fruit & Veggies	Beef Gyro Bowl ²⁷ (Brown Rice, Seasoned Beef, Tomatoes, Cucumbers, Tzatziki) Pita & Greek Salad Assorted Fresh Fruit & Veggies	Boneless Wings ²⁸ Buffalo or BBQ Waffle Fries Tomato & Mozzarella Salad Assorted Fresh Fruits & Veggies	Chicken Parm Sandwich ²⁹ Potato Wedges Roasted Parmesan Broccoli Assorted Fresh Fruits & Veggies	Pizza Day ³⁰ Cheese or Pepperoni Caesar Salad Assorted Fresh Fruits & Veggies

View Menus Online

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

This institution is an equal opportunity employer.
MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

BETHLEHEM
CENTRAL

In collaboration with

**CAPITAL REGION
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SHARED FOOD SERVICE PROGRAM



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