

**Cereal Options:** Cereal options vary each day. Options include: Honey Cheerios, Cinnamon Toast Crunch, & Golden Grahams.

# MENU

## K-5 BREAKFAST

<b>Assorted Cereal</b> Whole Grain Grahams Fruit, 100% Juice Choice of Milk	2	<b>Bagel w/Cream Cheese</b> Fruit, 100% Juice Choice of Milk	3	<b>Super Bakery Bread</b> Fruit, 100% Juice Choice of Milk	4	<b>Breakfast Bar w/ Cheese Stick</b> Fruit, 100% Juice Choice of Milk	5	<b>Assorted Cereal</b> Whole Grain Grahams Fruit, 100% Juice Choice of Milk	6
<b>Assorted Cereal</b> Whole Grain Grahams Fruit, 100% Juice Choice of Milk	9	<b>Bagel w/Cream Cheese</b> Fruit, 100% Juice Choice of Milk	10	<b>Super Bakery Bread</b> Fruit, 100% Juice Choice of Milk	11	<b>Breakfast Bar w/ Cheese Stick</b> Fruit, 100% Juice Choice of Milk	12	<b>Assorted Cereal</b> Whole Grain Grahams Fruit, 100% Juice Choice of Milk	13
<b>No School</b> Winter Break	16	<b>No School</b> Winter Break	17	<b>No School</b> Winter Break	18	<b>No School</b> Winter Break	19	<b>No School</b> Winter Break	20
<b>Assorted Cereal</b> Whole Grain Grahams Fruit, 100% Juice Choice of Milk	23	<b>Bagel w/Cream Cheese</b> Fruit, 100% Juice Choice of Milk	24	<b>Super Bakery Bread</b> Fruit, 100% Juice Choice of Milk	25	<b>Breakfast Bar w/ Cheese Stick</b> Fruit, 100% Juice Choice of Milk	26	<b>Assorted Cereal</b> Whole Grain Grahams Fruit, 100% Juice Choice of Milk	27

**View Menus Online**



[linqconnect.com](http://linqconnect.com)

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
Notice is posted when available.

**All breakfast meals include a variety of fresh fruit, 100% juice, and low-fat white or flavored milk.**

**This institution is an equal opportunity employer.**

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

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### **Pricing:**

All students are eligible for ONE FREE breakfast per day.

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**FEBRUARY**  
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BETHLEHEM  
CENTRAL

