



WHEN SHOULD I SEND MY CHILD TO SCHOOL?

Child doesn't want to go to school

Frequent crying, fear, anger, not wanting to socialize, behavior changes, stomach ache, nausea. *These can be signs of depression, anxiety, stress or fear.*



YES– You should keep your child in school, but try to determine what is causing the changes. Talk to school personnel & consult a health care provider. Your child may be experiencing bullying or trauma, may be behind in his or her school work or not getting along with others.

Chronic Disease Symptoms

Chronic disease is a long-lasting condition that can be controlled but not cured. *Asthma, Diabetes, Migraines, Sickle Cell, Epilepsy, etc.*



YES– Your child should attend school. School nurses can provide necessary medical interventions for chronic disease management, including medication administration.

Cold Symptoms

Stuffy nose/runny nose, sneezing, mild cough, no temperature/fever over 100. *See information on the next page regarding Respiratory Illness.*



YES– Your child should attend school.

Coughing

Severe, uncontrolled, rapid coughing, and/or difficulty breathing.



NO– Keep your child home and contact a health care provider. *Coughing due to asthma may be controlled at school with appropriate interventions.*

Notify your child's school nurse.

Diarrhea

Frequent, loose or watery stool may mean illness, but can also be caused by food or medication.



NO– Your child may return to school when diarrhea has stopped for 24 hours.

Notify your child's school nurse.

Eye Symptoms

Redness, discharge, itching, swelling, etc.



NO– Your child needs to be evaluated by a health care provider for possible treatment. If an antibiotic is prescribed, your child should remain home for 24 hours after starting the medication.

Notify your child's school nurse.

Family member sick, stressed, hospitalized



YES– If you or a family member is sick, your child needs to attend school. The best place for your child is at school.



WHEN SHOULD I SEND MY CHILD TO SCHOOL?

Head Lice

Intense itching of the head; may feel like something is moving.



YES– Please notify your child's school nurse.

Fever

A fever usually means illness, especially if your child's temperature is greater than 100.



NO– Your child needs to remain home until your child's temperature is below 100 for 24 hours without the use of fever reducing medication. Consult a health care provider if your child also has symptoms such as behavior change, rash, sore throat, vomiting, etc.

Notify your child's school nurse.

Respiratory Illness

(including flu/covid)

Respiratory illness with sudden onset of fever, body aches, dry cough, sore throat, chills, etc. Consider home testing for flu/covid and speak with medical provider if positive. Follow provider guidelines for recommended annual flu/covid vaccine.



NO– Your child may need to be evaluated by a health care provider for possible treatment.

Notify your child's school nurse.

Menstrual Issues



YES– If menstrual symptoms are severe and interfere with your child's attending school, consult a health care provider and your child's school nurse.

Minor Injuries



YES– Most children can attend school with minor injuries. If any injury limits movement and causes persistent pain, it should be evaluated by a medical provider. Please contact your child's school nurse to further discuss.

Rash



NO– If your child has an undiagnosed rash, a non-healing or open, weeping wound, you should keep your child at home and follow up with a health care provider for evaluation and possible treatment.

Notify your child's school nurse.

Strep Throat

Sore throat, headache, fever, rash, stomachache, and/or red, swollen tonsils.



NO– Your child should remain home for 24 hours after starting the antibiotic.

Notify your child's school nurse.

Vomiting



NO– Keep your child at home until the vomiting has stopped for 24 hours and is tolerating food. If vomiting continues, contact a health care provider.

Notify your child's school nurse.