

**Daily Alternate Entrée Options:**

- PB & J Uncrustable
- Rotating Sandwich
- \*Deli Turkey is halal
- Rotating Salad
- Bistro Box (hummus, veggies, cheese, crackers)
- Chicken Sandwich or French Bread Pizza

Menu items with asterisks\* are **halal-friendly**. Please be advised that our kitchen is **not officially certified halal**.

# MENU

Harvest of the  
Month –NY Maple  
March 18th

MARCH

## 9-12 LUNCH

Adirondack Maple in  
Fonda, NY



<p><b>Rotini w/Meat Sauce</b> <b>2</b> Seasoned Green Beans Garlic Breadstick Fresh Veggie w/Hummus</p>	<p> <b>Maple BBQ Pulled Chicken Sandwich</b> <b>3</b> Roasted Potato Wedges Creamy Coleslaw Fresh Fruit &amp; Veggies</p>	<p><b>Bistro Cheeseburger</b> <b>4</b> (plain or cheese, lettuce, tomato, onion) Waffle Fries, Fresh Fruit, Veggies *Veggie Burger Available</p>	<p><b>Crispy Chicken Wrap</b> <b>5</b> (BBQ or Buffalo; shredded cheese &amp; lettuce) Sweet Potato Wedges Fresh Fruit &amp; Veggies</p>	<p><b>Pizza Day</b> <b>6</b> <b>Cheese or Pepperoni</b> Caesar Salad Fresh Fruit &amp; Veggies</p>
<p><b>Toasted Ham &amp; Cheese on Brioche Roll</b> <b>9</b> Tomato Soup Garden Side Salad Fresh Fruit &amp; Veggies</p>	<p><b>Walking Taco</b> <b>10</b> (seasoned beef, shredded cheese w/corn chips) Salsa Cup &amp; Sour Cream Corn &amp; Black Beans Fresh Fruit &amp; Veggies</p>	<p><b>Sunrise Carrot Waffles*</b> <b>1</b> Cheesy Egg Bites Hash Browns &amp; Syrup Cup *Waffles are halal</p>	<p><b>Mac &amp; Cheese Bar</b> <b>12</b> w/ Buffalo Chicken Broccoli Garlic Bread Fresh Fruit &amp; Veggies</p>	<p><b>Pizza Day</b> <b>13</b> <b>Cheese or Pepperoni</b> Caesar Salad Fresh Fruit &amp; Veggies</p> <p><b>Pi Day</b></p>
<p><b>Crispy Chicken Tenders</b> <b>16</b> w/assorted dipping sauces Seasoned Curly Fries Tortellini Pasta Salad Fresh Veggie w/Hummus</p>	<p><b>Hot Corned Beef Sandwich</b> <b>17</b> Sweet Potato Fries Creamy Coleslaw Fresh Fruit &amp; Veggies</p>	<p> <b>Maple BBQ Glazed Boneless Wing Basket</b> <b>18</b> Roasted Potato Wedges Warm Biscuit Fresh Fruit &amp; Veggies</p>	<p><b>Cheesy Empanada*</b> <b>19</b> Cilantro Lime Rice Roasted Mixed Vegetables Cinnamon Churro Salsa &amp; Sour Cream *Empanada is halal</p>	<p><b>No School Superintendent Conference Day</b> <b>20</b></p>
<p><b>Bistro Cheeseburger</b> <b>23</b> (plain or cheese) Lettuce, Tomato, Onion Waffle Fries Fresh Fruit &amp; Veggies</p>	<p><b>Teriyaki Chicken</b> <b>24</b> Fried Rice, Veggie Egg Roll Steamed Broccoli Fortune Cookie Fresh Fruit &amp; Veggies</p>	<p><b>Cheese Lasagna</b> <b>25</b> Roasted Broccoli Warm Garlic Knot Fresh Fruit &amp; Veggies</p>	<p><b>Hot &amp; Spicy Crispy Chicken Sandwich</b> <b>26</b> Crinkle Fries Tomato &amp; Cucumber Salad Fresh Veggie w/Hummus</p>	<p><b>Pizza Day</b> <b>27</b> <b>Cheese or Pepperoni</b> Caesar Salad Fresh Fruit &amp; Veggies</p>
<p><b>Crispy Chicken Tenders</b> <b>30</b> with assorted dipping sauces Seasoned Curly Fries Pesto Rotini Pasta Fresh Veggie w/Hummus</p>	<p><b>Taco Salad</b> <b>31</b> (seasoned beef, shredded lettuce, cheese) Corn &amp; Black Beans Tortilla Chips, Salsa, Sour Cream Fresh Fruit &amp; Veggies</p>			

**View Menus Online**



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

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