

Daily Alternate Entrée Options:

- PB & J Uncrustable
- Turkey & Cheese Sandwich*
- Chicken Caesar Salad or Garden Salad
- Crispy Chicken Sandwich

Menu items with an asterisk* indicate a halal-friendly item.
Please be advised that our kitchen is not officially certified halal.

MENU

6-8 LUNCH

Harvest of the
Month
NY Apples
October 14th

**OCTOBER**

 October 12th-16th is National School Lunch Week Join us for a Cafeteria CIRCUS!					Mac & Cheese 1 Garlic Breadstick Garlic Green Beans Cucumber Slices & Fruit Pizza Day 2 Cheese or Pepperoni NYS Steamed Peas & Carrots Fresh Veggie w/ Hummus Applesauce Cup				
Toasted Cheese 5 Croissant Tomato Soup NYS String Cheese Baby Carrots & Fruit French Toast Sticks 6 Turkey Sausage Links Sweet Potato Bites NYS Apple Juice Cup Pepper Strips & Fruit Boneless Chicken Wing & Mozzarella Stick Basket 7 Crinkle Cut Fries Marinara Sauce Cup Cherry Tomatoes & Fruit Pizza Day 8 Cheese or Pepperoni Garlic Green Beans Fresh Veggie w/ Hummus Applesauce Cup No School 9 Superintendent Conference Day					No School 12 Columbus/Indigenous Peoples Day Soft Tacos 13 (turkey taco meat or fajita chicken, cheese, lettuce) Salsa & Sour Cream Cilantro Lime & Black Beans Pepper Strips & Fruit Cheeseburger 14 Sweet Potato Wedges Cherry Tomatoes Fresh NYS Apples Veggie burgers available Pineapple Teriyaki Chicken 15 Fried Rice & Broccoli Cucumber Slices & Fruit Fortune Cookie NYS Pizza Bagels* 16 NYS Peas & Carrots Fresh Veggie w/Hummus Applesauce Cup				
Cheesy Breadsticks 19 w/Marinara Sauce Steamed Broccoli Baby Carrots w/ Hummus Fruit Popcorn Chicken & Waffles 20 Emoji Fries* Pepper Strips & Fruit Syrup Oven Roasted Chicken 21 Roasted Potato Wedge Dinner Roll & Green Peas Cherry Tomatoes & Fruit Rotini with Meat Sauce 22 Garlic Breadstick Green Beans Cucumber Slices & Fruit Pizza Day 23 Cheese or Pepperoni Sweet Corn Fresh Veggie w/ Hummus Applesauce Cup					Crispy Chicken Tender 26 Tortellini Pasta Salad Yellow Corn Baby Carrots & Fruit *Veggie tenders available Loaded Nachos 27 (turkey taco meat, cheese sauce) Tex Mex Black Beans Salsa Cup & Sour Cream Pepper Strips & NYS Grape Slushie Mozzarella Pizza Crunchers 28 Steamed Broccoli Cherry Tomatoes & Fruit Warm Cinnamon Apples Hot Dog on Bun 29 Crinkle Fries Crunchy Coleslaw Cucumber Slices & Fruit Pizza Day 30 Cheese or Pepperoni NYS Peas & Carrots Veggie w/Hummus & Applesauce Dirt & Worms Pudding Cup				

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
SHARED FOOD SERVICE PROGRAM

