

Bethlehem Central School District Elementary Special Education Social/Emotional/Behavioral Rubric

(Adapted from 2005 Centris Group, LLC, Dr. Thomas Reap and Skillstreaming Early Childhood Rubric)

	1 Ineffective: Cannot navigate even “safe” social environments. Requires direct instruction: must be addressed to move forward	2 Developing: demonstrates skills in “safe” environments. Needs direct instruction/ co-teaching to generalize to other school settings,	3 Effective/Proficient: Successful in safe environments. Still requires presets or coaching to generalize. Needs improvement but doesn’t hinder participation.	4 Highly effective/Competitive: skill comparable to general population
Self-Advocacy/ Self-Determination <ul style="list-style-type: none"> <input type="checkbox"/> Identifies own strengths/ areas to improve <input type="checkbox"/> Identifies and communicates difficulties with others <input type="checkbox"/> Requests assistance for understanding,/ to gain information <input type="checkbox"/> Displays assertive communication skills <input type="checkbox"/> Communicates to share preferences/needs <input type="checkbox"/> Able to identify and assess outcomes/consequences of choices 				
Emotional <ul style="list-style-type: none"> <input type="checkbox"/> Identify, interpret and respond to situations and emotions appropriately <input type="checkbox"/> Identify triggers/antecedents to specific emotions and associated physical traits <input type="checkbox"/> Identify thoughts related to feelings <input type="checkbox"/> Learn various coping strategies <input type="checkbox"/> Evaluate effectiveness of coping strategies 				
Behavioral <ul style="list-style-type: none"> <input type="checkbox"/> Understands how behaviors affects self/others <input type="checkbox"/> Accepts responsibility for behavior <input type="checkbox"/> Understands/applies emotional regulation techniques <input type="checkbox"/> Demonstrates flexible thinking and demonstrates behaviors conducive to learning 				
Social Functioning <ul style="list-style-type: none"> <input type="checkbox"/> Initiates and sustains appropriate social communication/contact <input type="checkbox"/> Asks for help, requests assistance for understanding and to gain information <input type="checkbox"/> Plays/works cooperatively with others <input type="checkbox"/> Demonstrates an understanding of the feelings of others 				