

**Bethlehem Central School District
Physical Therapy Department
Functional Mobility Skill Checklist**

Key

- 1 Requires a maximum amount of physical assistance to perform task
- 2 Requires a moderate amount of physical assistance to perform task
- 3 Requires a minimal amount of physical assistance to perform task
- 4 Requires contact guarding to perform task
- 5 Requires supervision to perform task
- 6 Requires verbal cueing to perform task
- 7 Performs task independently

		1	2	3	4	5	6	7
1	Performs a stand pivot transfer							
2	Performs a chair to floor transfer							
3	Performs a floor to chair transfer							
4	Performs a slide board transfer							
5	Performs a sit to sit transfer							
6	Transfers from a classroom chair or wheelchair to an assistive walking device							
7	Turns with an assistive walking device							
8	Opens a door and walks through with an assistive walking device							
9	Ascends and descends stairs with an assistive walking device							
10	Walks throughout the school environment including classrooms, cafeteria, bathroom, and gymnasium with an assistive walking device							
11	Stands at table/desk							
12	Rises to stand in preparation for transfers or gait							

Comments