

**Bethlehem Central School District
Physical Therapy Department
Playground Equipment Skill Checklist**

| | | 1 | 2 | 3 | 4 |
|---|--|---|---|---|---|
| | <p>Key</p> <p>1 Skill not displayed in any setting despite support given</p> <p>2 Skill displayed inconsistently with models/prompts.</p> <p>3 Skill displayed consistently with models/prompts</p> <p>4 Skill displayed independently</p> | | | | |
| 1 | Sitting on a swing and holding on with hands for a minimum of a _____ minute time period | | | | |
| 2 | Sit on a swing and hold on with hands while being pushed for a minimum of a _____ minute time period. | | | | |
| 3 | Sit on a swing holding on and moving legs symmetrically to self-propel/pump for a _____ duration. | | | | |
| 4 | Climbing up and down a ladder on low playground equipment | | | | |
| 5 | Ascending and descending ladder rungs one-step at a time | | | | |
| 6 | Ascending and descending ladder rungs alternating each step. | | | | |
| 7 | Sitting at the top of the slide and initiating a sitting slide. | | | | |
| 8 | Maintaining balance while walking on grassy surfaces, unlevel surfaces and wood chips | | | | |
| | Comments | | | | |