

Bethlehem Central School District Preschool (3 year old) Fine Motor (OT) Rubric

	1 Rarely Demonstrates Requires direct instruction, a high level of cueing, modeling, and/or hand-over-hand support.	2 Developing skill with support: Needs direct instruction and a moderate level of cueing to generalize to other school settings	3 Skill is inconsistent or emerging with some increased independence Still requires presets or coaching to generalize.	4 Consistently Demonstrates Skill is comparable to general population
Visual Motor <ul style="list-style-type: none"> <input type="checkbox"/> Builds a block tower of 6+ blocks <input type="checkbox"/> Strings four large beads <input type="checkbox"/> Discriminates between same and different pictures, shapes, colors <input type="checkbox"/> Imitates motor movements <input type="checkbox"/> Tracks with eyes dissociated from head <input type="checkbox"/> Identifies body parts 				
Bilateral Coordination <ul style="list-style-type: none"> <input type="checkbox"/> Has established hand dominance in most activities <input type="checkbox"/> Demonstrates tendency to cross midline to manipulate objects in contralateral space <input type="checkbox"/> Can use both hands simultaneously for the same task (use a rolling pin with both hands) <input type="checkbox"/> Can use both hands simultaneously for different tasks (stabilizing paper and drawing) 				
Dexterity/In-hand manipulation <ul style="list-style-type: none"> <input type="checkbox"/> Turns single pages of a book <input type="checkbox"/> Manipulate small objects with palm to finger translation for 2-3 objects <input type="checkbox"/> Takes objects apart <input type="checkbox"/> Demonstrates refined pincer grasp <input type="checkbox"/> Rolls, pounds, squeezes, and pulls clay 				
Grasp/Handwriting/Cutting <ul style="list-style-type: none"> <input type="checkbox"/> Holds crayon with thumb and fingers grasp (not palmer grasp) with good control <input type="checkbox"/> Copies vertical and horizontal strokes, circle, and cross, and traces a square <input type="checkbox"/> Writes/draws with some wrist action (not all whole arm) <input type="checkbox"/> Snips with scissors / cuts on a 6-inch line <input type="checkbox"/> Draws a person with a head 				

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<p>Proprioception/Motor Planning</p> <ul style="list-style-type: none"> <input type="checkbox"/> Generates, plans, sequences, and executes motor plans and control during self care and fine motor tasks <input type="checkbox"/> Uses midline stability reactions to adjust trunk in response to extremity actions <input type="checkbox"/> Navigates personal space while walking without bumping into objects or people 				
<p>Sensory Processing</p> <ul style="list-style-type: none"> <input type="checkbox"/> Explores activities and manipulates toys with a variety of textures <input type="checkbox"/> Responds appropriately to touch <input type="checkbox"/> Responds appropriately to sound <input type="checkbox"/> Responds appropriately to visual stimuli <input type="checkbox"/> Responds appropriately to movement <input type="checkbox"/> Uses appropriate play activities (no self-stimulatory noises and movements, excessive mouthing, self-injurious behavior) <input type="checkbox"/> Identifies objects by feeling only <input type="checkbox"/> Tactile discrimination (finds toys hidden in a bin of beans/rice) 				